

TriHK 2014 Aquathon Series - Race 5

23 Nov 2014

Adults

No	Name		Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
Male Elite Open												
599	Chow Chun Pui	周竣培	FIN	00:24:46	00:02:34	00:07:09	00:34:30	1	South China Athletic Association		2	100
600	Jonathan Paul	包荣恩	FIN	00:28:32	00:03:43	00:09:43	00:41:59	2			1	50
598	Henry Wright		DNS									
Male 20-24												
473	Yuen Chi Hang	袁致衡	FIN	00:20:21	00:02:01	00:05:34	00:27:57	1	Titan Triathlon	80	7	100
481	Ian Ho Ka Hei	何嘉熙	FIN	00:21:46	00:02:14	00:06:00	00:30:02	2	AustSports Association	76	6	85.71
472	Chow Hiu Cheng	周曉政	FIN	00:24:11	00:02:25	00:06:22	00:32:59	3	AustSports Association	55	5	71.43
474	Wong Yin Chun	黃延俊	FIN	00:24:45	00:02:25	00:06:17	00:33:28	4	South China Athletic Association	49	4	57.14
475	Choi Hiu Kong	蔡曉剛	FIN	00:24:32	00:02:45	00:07:56	00:35:14	5			3	42.86
605	Li Chak Kei		FIN	00:29:04	00:02:44	00:07:28	00:39:17	6			2	28.57
476	Vincent Wong Chao Wei	王昭偉	FIN	00:31:11	00:03:26	00:07:43	00:42:21	7	AustSports Association	1	1	14.29
477	Chan Tai Man		DNS									
478	Lo Chao Wei	李澤基	DNS						AustSports Association			
479	Leung Ka Wa	梁家驊	DNS						First Ten Generation Team			
480	Michael Ng Kwok Hing	吳國興	DNS						AustSports Association			
Male 25-29												
490	Leung Ka Lun	梁嘉倫	FIN	00:21:09	00:02:07	00:06:11	00:29:28	1	Energetic Triathlon ShaTin	77	9	100
484	Tam Yau Yan		FIN	00:22:33	00:02:10	00:05:51	00:30:35	2	AustSports Association	74	8	88.89
486	Kwan Pak Hung	關北洪	FIN	00:23:18	00:02:17	00:06:19	00:31:54	3	Mango Swimming Club	69	7	77.78
488	Tsang Tak Kin	曾德健	FIN	00:24:37	00:02:14	00:06:05	00:32:57	4	Part Time Association	57	6	66.67
495	Herman Lai Hei Ming		FIN	00:24:29	00:02:17	00:06:10	00:32:58	5	Energetic Triathlon ShaTin	56	5	55.56
493	Chan Ho Man	陳浩文	FIN	00:24:08	00:02:28	00:07:00	00:33:36	6			4	44.44
494	Leung Hin Long	梁軒朗	FIN	00:25:52	00:02:31	00:06:50	00:35:14	7	Sonic Sports Association	38	3	33.33
492	Wong Kam Lung		FIN	00:31:05	00:02:55	00:08:31	00:42:32	8	AustSports Association	1	2	22.22
485	Jeff Chan		FIN	00:41:32	00:03:43	00:09:54	00:55:09	9			1	11.11
489	Wong Ho Yin	黃浩賢	DQ				00:23:00					
487	Daniel Finlayson		DNS									
482	Wong Wing Hang	王泳衡	DNS						Sonic Sports Association			
483	Ng Shui Pan	吳瑞濱	DNS						Titan Triathlon			
491	Terry Lau		DNS									

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No	Name		Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
Male 30-34												
515	Tsang Chun Kit	曾進傑	FIN	00:19:51	00:01:54	00:05:17	00:27:03	1	AustSports Association	82	13	100
496	Kevin Chow Tsz Ho		FIN	00:19:51	00:02:07	00:05:34	00:27:32	2	South China Athletic Association	81	12	92.31
513	Sat Ka Chun	薩嘉俊	FIN	00:23:59	00:02:13	00:06:07	00:32:20	3	Part Time Association	62	11	84.62
517	Arnault Brac		FIN	00:24:11	00:02:20	00:06:31	00:33:03	4	South China Athletic Association	54	10	76.92
502	Gary Lui Kim Lun	呂劍倫	FIN	00:25:15	00:02:26	00:06:24	00:34:06	5	AustSports Association	46	9	69.23
516	Ao Cheuk Yin	區卓賢	FIN	00:25:41	00:02:19	00:06:17	00:34:18	6	Titan Triathlon	45	8	61.54
504	Leung Yan Wing	梁殷榮	FIN	00:25:59	00:02:17	00:06:01	00:34:19	7			7	53.85
512	Thibault Rouger		FIN	00:25:47	00:02:21	00:06:12	00:34:21	8			6	46.15
498	Leung Hon Wing	梁翰榮	FIN	00:25:01	00:02:33	00:06:54	00:34:29	9			5	38.46
509	Evan Walters		FIN	00:25:12	00:02:40	00:07:09	00:35:02	10			4	30.77
508	Ronald Chau		FIN	00:26:57	00:02:24	00:06:23	00:35:45	11			3	23.08
505	Kim Sung Gi		FIN	00:31:10	00:02:41	00:07:35	00:41:27	12			2	15.38
511	Yu Pui Kei		FIN	00:36:38	00:03:35	00:09:21	00:49:35	13			1	7.69
503	Cheung Ting Fung	張霆鋒	DQ	00:33:08	00:03:17	00:08:43	00:45:09		Titan Triathlon			
497	Fung Chi Yeung		DNS									
506	Tonie Yip Ka Ho		DNS						Energetic Triathlon ShaTin			
507	Ki Wing Yin		DNS									
499	Loic Mucha		DNS									
500	Fai Ming Hoi	費明海	DNS						Sonic Sports Association			
501	Guillaume Illien		DNS									
514	David Quach		DNS									
510	Jonathan Tucker		DNS									
518	Lawrence Wong Ka Ho		DNS									
519	Ratcliff Ratcliff		DNS									

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No	Name		Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
Male 35-39												
533	Lok Lam Fung	駱林鋒	FIN	00:22:43	00:02:18	00:06:17	00:31:19	1	Titan Triathlon	71	15	100
532	Tam Chi Fai	譚智輝	FIN	00:23:18	00:02:19	00:06:14	00:31:51	2	Titan Triathlon	70	14	93.33
525	James Whitman		FIN	00:23:13	00:02:24	00:06:30	00:32:08	3	Tung Chung Triathlon Association	65	13	86.67
530	Ip Chung Yin		FIN	00:23:30	00:02:17	00:06:23	00:32:11	4	Titan Triathlon	64	12	80
524	Mark Lee		FIN	00:24:10	00:02:11	00:05:49	00:32:12	5			11	73.33
535	Sze Wang	施泓	FIN	00:24:09	00:02:12	00:05:51	00:32:13	6	Energetic Triathlon ShaTin	63	10	66.67
523	Yeung Wai Kin		FIN	00:24:57	00:02:05	00:05:32	00:32:35	7	Titan Triathlon	59	9	60
526	Ho Chi Hong	何志康	FIN	00:24:07	00:02:27	00:06:42	00:33:18	8	South China Athletic Association	53	8	53.33
527	Ivan Chong Chi Hang		FIN	00:25:28	00:02:25	00:06:41	00:34:35	9	Energetic Triathlon ShaTin	1	7	46.67
538	Raymond Ma	馬兆龍	FIN	00:25:44	00:02:25	00:06:27	00:34:38	10	South China Athletic Association	41	6	40
528	Wong Tin Kit	黃天傑	FIN	00:27:23	00:02:26	00:06:43	00:36:33	11	Part Time Association	30	5	33.33
534	Gary Ng Chung Ho	吳宗豪	FIN	00:29:39	00:02:46	00:07:27	00:39:53	12	AustSports Association	1	4	26.67
521	Chui Kwok Wing	崔國榮	FIN	00:31:13	00:02:44	00:07:07	00:41:05	13	Tung Chung Triathlon Association	7	3	20
529	Poon Yin Nam	潘彥南	FIN	00:31:09	00:03:04	00:07:58	00:42:13	14	AustSports Association	1	2	13.33
520	Ho Wai Hung	何偉雄	FIN	00:36:27	00:03:31	00:09:05	00:49:04	15			1	6.67
537	Fu Yin Wing	符彥榮	DQ	00:27:48	00:02:42	00:08:06	00:38:38					
539	Chan Siu Wai		DNF									
536	Mak Chun Yin	麥振賢	DNS									
531	Steve Chiu Chi Wah	趙志華	DNS						Energetic Triathlon ShaTin			
522	Ron Tupac		DNS									

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Adults

No	Name	Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
Male 40-44											
544	Lai Kin Sun	黎建新	FIN	00:22:00	00:02:15	00:06:22	00:30:38	1		25	100
550	Wong Yee Keung	黃意強	FIN	00:23:16	00:02:17	00:06:19	00:31:54	2	AustSports Association	69	96
556	Andy Wong Kwok Chun	黃國駿	FIN	00:23:46	00:02:24	00:06:12	00:32:22	3	Energetic Triathlon ShaTin	61	92
566	Hong Chung Yin	康仲賢	FIN	00:24:18	00:02:09	00:06:02	00:32:30	4	Part Time Association	60	88
568	Horace Wong Shing Wai	王誠蔚	FIN	00:24:10	00:02:22	00:06:52	00:33:25	5	Energetic Triathlon ShaTin	1	84
542	Ricky Wan Ting Yiu		FIN	00:24:52	00:02:23	00:06:41	00:33:58	6	Energetic Triathlon ShaTin	1	80
562	Ma Kin Fai	馬建暉	FIN	00:24:48	00:02:25	00:06:46	00:33:59	7	Energetic Triathlon ShaTin	1	76
548	Leung Ka Ki	梁嘉驥	FIN	00:26:34	00:02:13	00:05:56	00:34:44	8	Part Time Association	40	72
551	Fung Chi Yuen	馮智遠	FIN	00:26:41	00:02:18	00:06:17	00:35:17	9	AustSports Association	37	68
567	Chan Li	陳利	FIN	00:27:03	00:02:48	00:07:48	00:37:39	10	Energetic Triathlon ShaTin	1	64
563	John Paul Pang Hiu Cheung	彭曉翔	FIN	00:27:29	00:02:47	00:07:49	00:38:05	11	AustSports Association	1	60
558	Veilen Dick		FIN	00:28:22	00:02:43	00:07:25	00:38:31	12	Energetic Triathlon ShaTin	1	56
543	Peter Tam	譚國基	FIN	00:28:43	00:02:39	00:07:13	00:38:36	13	Energetic Triathlon ShaTin	1	52
565	To Shiu Chung	杜紹忠	FIN	00:29:14	00:02:43	00:07:00	00:38:57	14		12	48
555	Kot Nam Shan		FIN	00:29:15	00:02:36	00:07:13	00:39:04	15	Energetic Triathlon ShaTin	1	44
549	Poon Wai On	潘維安	FIN	00:29:12	00:02:47	00:07:34	00:39:33	16	First Ten Generation Team	17	40
552	Tony Cheng Chow Leung	鄭秋亮	FIN	00:29:13	00:02:49	00:07:30	00:39:34	17	AustSports Association	1	36
546	Victor Lee		FIN	00:30:07	00:02:35	00:06:55	00:39:38	18		8	32
554	Cornwall Karl Poon		FIN	00:29:45	00:02:38	00:07:18	00:39:42	19	Energetic Triathlon ShaTin	1	28
545	Lau Ben Hey	劉品熹	FIN	00:30:05	00:02:44	00:07:06	00:39:56	20	AustSports Association	1	24
570	Simon Ng Chi Wai	吳志威	FIN	00:29:45	00:02:53	00:07:22	00:40:01	21	Energetic Triathlon ShaTin	1	20
540	Chung Kwun Yeung		FIN	00:29:37	00:03:17	00:07:08	00:40:04	22		4	16
561	Hon Man Wai	韓文偉	FIN	00:30:29	00:02:44	00:07:26	00:40:39	23	Part Time Association	10	12
569	Bean Yip		FIN	00:35:38	00:02:38	00:07:27	00:45:44	24		2	8
557	Wong Man Kit	黃文傑	FIN	00:35:15	00:03:06	00:08:27	00:46:48	25	AustSports Association	1	4
541	Lawrence Chan	陳文川	DQ	00:29:03	00:02:21	00:00:42	00:32:06		Titan Triathlon		
553	Tsang Hin Lap		DQ	00:22:48	00:02:21	00:00:47	00:25:57		AustSports Association		
547	Joseph Lau Ka Fai	劉家輝	DNS						AustSports Association		
559	Lau Bik Wah		DNS						South China Athletic Association		
560	Chan Wai Chuen	陳偉全	DNS						Part Time Association		
564	Fung Chi Fun		DNS								

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Adults

No	Name		Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
Male 45-49												
589	Thomas Hardcastle		FIN	00:21:00	00:02:05	00:05:30	00:28:36	1	South China Athletic Association	79	17	100
592	Jimmy Wan Shu Wah	溫樹華	FIN	00:21:28	00:02:05	00:05:36	00:29:10	2	Energetic Triathlon ShaTin	78	16	94.12
571	Scott James Burton		FIN	00:22:10	00:02:09	00:05:38	00:29:58	3			15	88.24
585	Edward Wong Tak Wah		FIN	00:23:10	00:02:06	00:05:54	00:31:11	4	Energetic Triathlon ShaTin	72	14	82.35
588	Ricky Tang		FIN	00:23:32	00:02:16	00:06:06	00:31:55	5	Energetic Triathlon ShaTin	67	13	76.47
594	Andrew Yue Kwok Chung	余國中	FIN	00:23:49	00:02:10	00:06:04	00:32:04	6	South China Athletic Association	66	12	70.59
597	David Eugene Smith		FIN	00:25:10	00:02:12	00:05:59	00:33:23	7	Tritons Triathlon Club	51	11	64.71
583	Lee Wan Kwong	李雲廣	FIN	00:25:43	00:02:18	00:06:15	00:34:17	8			10	58.82
586	Cheung Man Kwong		FIN	00:25:32	00:02:26	00:06:27	00:34:25	9	Mango Swimming Club	44	9	52.94
579	Ma Chi Po	馬志宝	FIN	00:25:31	00:02:25	00:06:34	00:34:31	10	Titan Triathlon	43	8	47.06
591	Ide Tam Cho Yan	譚祖恩	FIN	00:26:23	00:02:24	00:06:38	00:35:26	11			7	41.18
593	Dick Chung		FIN	00:21:54	00:02:12	00:11:37	00:35:44	12	AustSports Association	1	6	35.29
581	Ng Chor Fai	吳楚輝	FIN	00:27:13	00:02:23	00:06:31	00:36:08	13	Energetic Triathlon ShaTin	1	5	29.41
587	Fung Tze Wai	馮子偉	FIN	00:28:28	00:02:22	00:06:34	00:37:26	14	Energetic Triathlon ShaTin	1	4	23.53
596	Lam Yat Shan		FIN	00:29:43	00:02:22	00:06:35	00:38:41	15			3	17.65
574	Suen Chung Yin		FIN	00:29:38	00:02:28	00:06:46	00:38:53	16	Energetic Triathlon ShaTin	1	2	11.76
577	Sam Wong	黃德森	FIN	00:30:22	00:02:51	00:07:27	00:40:41	17	South China Athletic Association	1	1	5.88
573	John Fung		DQ	00:28:01	00:02:59	00:07:54	00:38:55		Sonic Sports Association			
590	Robin Stuart Leeson		DNS									
578	Ho Wing Hung		DNS						Energetic Triathlon ShaTin			
580	Vincent Leung Kin Keung		DNS						Energetic Triathlon ShaTin			
582	Sunny Yen Ka Shun	甄家信	DNS						Energetic Triathlon ShaTin			
584	Frans Alex Otten		DNS									
575	Mak Tsz Wing		DNS						Energetic Triathlon ShaTin			
576	Bertram Emil Shi		DNS						Energetic Triathlon ShaTin			
572	Dennis Ko Kwok Fai	高國輝	DNS									
595	Edwin Wong	黃浩明	DNS						Sonic Sports Association			

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Adults

No	Name		Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
Male 50-54												
466	Danny Sung Yan Wah	宋仁華	FIN	00:22:39	00:02:07	00:05:44	00:30:32	1	Titan Triathlon	75	10	100
465	Poon Kwok Wing	潘國榮	FIN	00:24:16	00:02:22	00:06:13	00:32:52	2	Energetic Triathlon ShaTin	58	9	90
459	Fergus Lam		FIN	00:24:40	00:02:21	00:06:17	00:33:19	3	Energetic Triathlon ShaTin	1	8	80
460	Chan Hon Hung	陳漢雄	FIN	00:25:58	00:02:18	00:06:30	00:34:47	4	South China Athletic Association	39	7	70
467	Johnson Chan Ying Chiu	陳應釗	FIN	00:25:31	00:02:33	00:07:12	00:35:18	5	Sonic Sports Association	36	6	60
470	Law Chi Wai		FIN	00:27:28	00:02:28	00:06:33	00:36:30	6	Energetic Triathlon ShaTin	1	5	50
461	Johnny Kwok Hak Man		FIN	00:27:17	00:02:36	00:06:46	00:36:40	7	South China Athletic Association	1	4	40
601	Tam Ka Kit		FIN	00:27:42	00:02:27	00:06:43	00:36:53	8	Part Time Association	28	3	30
471	Ma Ching On	馬貞安	FIN	00:29:51	00:02:47	00:07:39	00:40:17	9			2	20
462	David Leung Tai Wai		FIN	00:31:06	00:02:42	00:07:47	00:41:36	10			1	10
463	Li Ka Wo	李家和	DQ	00:23:01	00:02:10	00:00:42	00:25:55		New Wave Swimming Club			
464	Choi Hon Kit	蔡漢傑	DNS						South China Athletic Association			
468	Paul Kong Tak Wa	江德華	DNS						Energetic Triathlon ShaTin			
469	Wong Sui Cheong		DNS						Sonic Sports Association			
Male 55-59												
450	John Campbell		FIN	00:21:23	00:02:11	00:05:59	00:29:35	1			9	100
453	Wong Cheuk Yin	黃卓然	FIN	00:22:17	00:02:12	00:06:06	00:30:36	2	Mango Swimming Club	73	8	88.89
458	Ma Yuk Fu	馬育富	FIN	00:26:12	00:02:41	00:06:36	00:35:30	3	AustSports Association	35	7	77.78
452	Wong Kam Tim	黃錦添	FIN	00:26:23	00:02:30	00:06:44	00:35:38	4	Part Time Association	34	6	66.67
449	Chan King Yuen	陳景源	FIN	00:26:52	00:02:41	00:07:23	00:36:56	5	Titan Triathlon	1	5	55.56
457	Lau Kin Wah		FIN	00:28:10	00:02:39	00:07:18	00:38:08	6	Mango Swimming Club	23	4	44.44
455	Wu Chi Wai		FIN	00:28:46	00:02:25	00:07:45	00:38:57	7	AustSports Association	1	3	33.33
451	Cheng Chung Lin	鄭宗連	FIN	00:36:00	00:04:28	00:11:34	00:52:03	8	South China Athletic Association	1	2	22.22
456	Philip Penalosa	蔡偉立	FIN	00:47:04	00:04:49	00:13:05	01:04:59	9			1	11.11
454	Au Yau Kit	區有傑	DNS						AustSports Association			
Male 60 & Over												
448	Spencer Cheung	張嘉強	FIN	00:29:12	00:02:46	00:07:45	00:39:44	1	AustSports Association	1	3	100
447	Chan Fai Ming	陳揮明	FIN	00:30:12	00:02:55	00:07:48	00:40:56	2	Hope Sport Association	8	2	66.67
446	Stephen Chan King Che	陳鏡治	FIN	00:31:03	00:03:00	00:08:37	00:42:41	3	Energetic Triathlon ShaTin	1	1	33.33
Female Elite Open												
385	Louisa Chu Wai Yu		FIN	00:31:14	00:03:06	00:08:28	00:42:49	1	Energetic Triathlon ShaTin		1	100
386	Tam Wing Shan	譚穎珊	DQ	00:36:57	00:03:35	00:10:14	00:50:48					

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<u>Female 20-24</u>											
388	Kwan Ka Wan	FIN	00:28:33	00:02:52	00:07:37	00:39:02	1	Energetic Triathlon ShaTin	20	3	100
387	Lai Yan Lam	FIN	00:32:57	00:02:58	00:08:18	00:44:14	2			2	66.67
389	Ng Wing Sze	FIN	00:35:32	00:03:46	00:09:03	00:48:22	3	AustSports Association	1	1	33.33
<u>Female 25-29</u>											
394	Sarah McMillan	FIN	00:23:48	00:02:19	00:06:05	00:32:13	1			8	100
392	Connie Lau Pui Ling	FIN	00:26:33	00:02:28	00:06:47	00:35:50	2			7	87.5
393	Ellie Drayton	FIN	00:26:58	00:02:48	00:08:03	00:37:50	3			6	75
397	Wong Yu Ting	FIN	00:28:18	00:02:43	00:07:17	00:38:18	4	AustSports Association	22	5	62.5
398	Chan Ka Lok	FIN	00:29:08	00:02:48	00:07:35	00:39:32	5	AustSports Association	19	4	50
396	Tong Suet Man	FIN	00:30:19	00:02:47	00:07:38	00:40:45	6	AustSports Association	14	3	37.5
391	Winnie Chan	FIN	00:31:49	00:03:15	00:08:45	00:43:50	7			2	25
395	Ines Chan	FIN	00:35:52	00:03:12	00:08:59	00:48:04	8			1	12.5
390	Amy Cheung	DNS									
399	Ng Man Sze	DNS						Crest Ray Recreation & Sports Club			
<u>Female 30-34</u>											
405	Sophia Lai	FIN	00:21:34	00:02:16	00:05:59	00:29:50	1	Tritons Triathlon Club	31	6	100
606	Katherine Gatherer	FIN	00:26:09	00:02:28	00:06:54	00:35:32	2			5	83.33
406	Frances Lai	FIN	00:23:32	00:02:15	00:11:57	00:37:44	3	Part Time Association	24	4	66.67
401	Lam Lai Sze	FIN	00:30:02	00:02:41	00:07:14	00:39:57	4	Energetic Triathlon ShaTin	16	3	50
407	Chan Wai Kwen	FIN	00:30:33	00:02:59	00:08:34	00:42:07	5			2	33.33
402	Cynthia Yu	FIN	00:37:21	00:04:05	00:11:25	00:52:51	6			1	16.67
403	Wu Ka Wing	DQ	00:22:54	00:02:31	00:07:09	00:32:35		South China Athletic Association			
404	Ng Sin Tung	DNS						AustSports Association			
400	Vivian Yeung Shui Sum	DNS									
<u>Female 35-39</u>											
415	Mandy Tik	FIN	00:23:34	00:02:09	00:06:04	00:31:48	1	Tritons Triathlon Club	30	7	100
417	Carlay Tong	FIN	00:23:29	00:02:17	00:06:27	00:32:14	2	Energetic Triathlon ShaTin	29	6	85.71
411	Rachel Tam Fong Wai	FIN	00:26:13	00:02:35	00:07:13	00:36:02	3	AustSports Association	26	5	71.43
408	Shirley Yam Wai Chi	FIN	00:27:18	00:02:35	00:07:14	00:37:07	4	Energetic Triathlon ShaTin	25	4	57.14
416	Michelle Lau	FIN	00:27:40	00:02:43	00:07:31	00:37:55	5	Energetic Triathlon ShaTin	23	3	42.86
413	Jerry Cheng Wing Sze	FIN	00:28:31	00:02:42	00:07:16	00:38:31	6	Part Time Association	21	2	28.57
410	Amy Hui Ka Man	FIN	00:29:35	00:03:10	00:08:53	00:41:40	7	Energetic Triathlon ShaTin	11	1	14.29
414	Fung Wing Fai	DNS									
409	Lau Pui Lan	DNS						Part Time Association			
412	Wong Pui Shan	DNS						Energetic Triathlon ShaTin			

TriHK 2014 Aquathon Series - Race 5

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Adults

No	Name		Status	Swim	T1	Run	Time	Cat Pos	Club	Club Points	Series Points	Series %
<u>Female 40-44</u>												
419	Karen Lui Shuk Han	呂淑嫻	FIN	00:25:16	00:02:19	00:06:35	00:34:11	1	Energetic Triathlon ShaTin	27	10	100
420	Katrin Buchta		FIN	00:27:42	00:02:47	00:07:50	00:38:21	2			9	90
428	Leung Yim Ting	梁艷婷	FIN	00:29:29	00:02:43	00:07:22	00:39:36	3	Part Time Association	18	8	80
426	Kellie Alexander		FIN	00:29:19	00:02:56	00:07:59	00:40:15	4	South China Athletic Association	15	7	70
425	Kwan Pui Ngar	關佩雅	FIN	00:30:28	00:02:42	00:08:11	00:41:22	5	Energetic Triathlon ShaTin	12	6	60
427	Selina Leung Wing Sau	梁穎秀	FIN	00:31:00	00:02:53	00:07:54	00:41:49	6	Energetic Triathlon ShaTin	1	5	50
418	Gloria Kwan		FIN	00:32:19	00:02:56	00:08:19	00:43:36	7			4	40
422	Chiu Mei Yee	招美儀	FIN	00:32:33	00:02:59	00:08:08	00:43:41	8	AustSports Association	6	3	30
421	Kwok Pui Lan	郭佩蘭	FIN	00:36:56	00:03:39	00:10:40	00:51:17	9	AustSports Association	1	2	20
423	Sin Yin Mei	冼燕嫻	FIN	00:38:34	00:03:41	00:11:07	00:53:22	10			1	10
424	Chan Kar Mun	陳嘉敏	DNS									
<u>Female 45-49</u>												
432	Corine Koster Studer		FIN	00:23:38	00:02:27	00:06:39	00:32:45	1	Tritons Triathlon Club	28	5	100
434	Peggy Lai Pik Kee	黎碧琪	FIN	00:28:54	00:02:54	00:07:58	00:39:47	2	Sonic Sports Association	17	4	80
433	Wu Mei Ling	胡美玲	FIN	00:31:03	00:03:03	00:07:51	00:41:59	3	Energetic Triathlon ShaTin	1	3	60
431	Sally Lam		FIN	00:31:03	00:02:59	00:08:03	00:42:06	4	Part Time Association	8	2	40
429	Lau Pui Wong		FIN	00:32:34	00:02:53	00:07:46	00:43:15	5	AustSports Association	7	1	20
430	Idy Chiu Wai Hing		DNS						Energetic Triathlon ShaTin			
435	Ida Lee Bik Sai	李碧茜	DNS						Hoi Ngai Sports Association			
<u>Female 50-54</u>												
439	Lynda Coggins		FIN	00:24:29	00:02:42	00:07:28	00:34:40	1			6	100
438	Janet Sy		FIN	00:30:27	00:02:49	00:07:47	00:41:04	2	AustSports Association	13	5	83.33
441	Margaret Chui Siu Miu	崔少妙	FIN	00:31:14	00:02:51	00:07:41	00:41:47	3			4	66.67
440	Dilys Lowe		FIN	00:33:19	00:02:53	00:08:05	00:44:18	4			3	50
442	Cecilia Wong	王嘉慧	FIN	00:32:35	00:02:49	00:14:35	00:50:00	5			2	33.33
436	Emily Lau Kaman		FIN	00:40:39	00:03:24	00:09:21	00:53:25	6			1	16.67
437	Tam Yuen Hung	譚婉紅	DNS						AustSports Association			
<u>Female 55-59</u>												
443	Wong Shun Ying	王順英	FIN	00:33:52	00:03:10	00:09:10	00:46:13	1	Sonic Sports Association	3	1	100
<u>Female 60 & Over</u>												
445	Frances Lam Siu Ling	林小玲	FIN	00:33:57	00:03:03	00:08:23	00:45:25	1	AustSports Association	5	2	100
444	Chow Kit Bing		FIN	00:34:06	00:03:04	00:08:58	00:46:09	2	Sonic Sports Association	4	1	50