

Mizuno Hong Kong Trail Championships

30 Dec 2018

53km

Full Results - All Split

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
1	246	WONG HO CHUNG 黃浩聰	01:16:37	02:04:45	03:04:17	03:50:30	04:43:47	05:03:56	05:40:06	1
2	144	John Ellis	01:28:14	02:19:01	03:25:08	04:15:48	05:11:47	05:32:58	06:12:05	2
3	170	Leung Chun Keung 梁俊強	01:27:50	02:19:09	03:23:28	04:15:40	05:12:16	05:34:06	06:14:34	3
4	243	Siu Keung Tsang 曾小強	01:26:45	02:16:41	03:24:05	04:17:50	05:19:09	05:44:20	06:29:20	4
5	44	Leung Ying Suet 梁影雪	01:30:06	02:20:57	03:29:01	04:25:26	05:24:38	05:48:09	06:32:05	1
6	141	Hong Luk 陸兆康	01:29:08	02:20:55	03:29:21	04:25:24	05:25:07	05:48:29	06:34:02	5
7	119	CHAN Wai Tik	01:32:58	02:25:15	03:33:40	04:30:30	05:32:49	05:57:16	06:41:36	6
8	164	LAW CHOR KIN	01:27:14	02:19:25	03:28:55	04:32:25	05:37:25	06:02:25	06:48:16	7
9	2	Cheung Man Yee 張敏怡	01:31:06	02:25:02	03:38:35	04:35:45	05:41:13	06:05:14	06:49:33	2
10	185	Liu fo lok 廖科樂	01:28:36	02:20:03	03:32:59	04:34:30	05:38:05	06:04:02	06:50:38	8
11	158	LAM SHING YIP 林成業	01:27:25	02:19:04	03:30:39	04:37:17	05:48:15	06:15:45	06:59:37	9
12	222	TSUI TSZ KIN 徐子健	01:37:31	02:34:23	03:53:12	04:55:05	05:59:46	06:24:26	07:08:07	10
13	149	Kwok Chun Wai	01:35:23	02:31:27	03:45:37	04:47:52	05:53:52	06:20:55	07:10:39	11
14	157	Lam Cho Wai 林楚偉	01:35:26	02:32:10	03:49:26	04:55:19	06:04:32	06:31:32	07:22:26	12
15	224	WONG CHUN HO 王俊豪	01:34:33	02:30:45	03:51:43	05:00:41	06:06:36	06:34:04	07:26:01	13
16	35	Tsang yin hung 曾燕紅	01:35:30	02:35:12	03:53:20	04:59:11	06:09:53	06:37:45	07:28:16	3
17	208	Sin King Wa 冼敬華	01:35:44	02:34:52	03:55:43	05:05:02	06:12:38	06:38:40	07:28:18	14
18	220	Tsang Yu Wa 曾裕華	01:33:40	02:30:38	03:45:20	04:54:07	06:10:51	06:40:39	07:29:15	15
19	103	CHAN CHIN LUNG 陳展龍	01:41:07	02:40:32	03:59:54	05:06:28	06:17:21	06:44:42	07:30:46	16
20	190	Lum ho yin 林豪賢	01:33:51	02:30:42	03:49:24	05:01:35	06:12:55	06:40:56	07:32:02	17
21	111	chan kin pong 陳建邦	01:35:49	02:34:20	03:55:37	05:04:41	06:17:18	06:44:28	07:34:28	18

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53km**Full Results - All Split**

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
22	165	LEE CHI HO 李志豪	01:35:00	02:32:31	03:49:18	05:00:12	06:14:14	06:43:44	07:37:09	19
23	225	Wong ka kit 黃家傑	01:35:32	02:34:54	03:55:40	05:09:19	06:24:37	06:53:00	07:45:06	20
24	106	CHAN CHUNG HEI	01:47:26	02:50:14	04:11:58	05:21:19	06:32:23	07:01:26	07:52:34	21
25	37	"Tse, Tze Wai Karen "	01:47:37	02:50:21	04:13:39	05:24:01	06:36:44	07:04:17	07:55:34	4
26	200	Poon Chun Kit	01:43:01	02:44:50	04:10:29	05:24:20	06:36:23	07:03:55	07:56:38	22
27	203	Roger Lee	01:39:04	02:35:02	03:56:28	05:17:24	06:29:50	06:59:41	07:57:01	23
28	218	Tong Yiu Pun	01:35:20	02:34:57	03:54:18	05:03:03	06:24:53	06:58:07	07:59:29	24
29	193	Man Ka Ming	01:37:47	02:39:44	04:02:25	05:19:50	06:34:15	07:03:50	08:00:45	25
30	33	TSANG WOON MING	01:39:58	02:41:17	04:08:53	05:20:22	06:38:05	07:10:06	08:07:17	5
31	173	Leung Ka Wing 梁家榮	01:34:45	02:37:42	04:12:41	05:30:03	06:47:50	07:16:45	08:09:48	26
32	154	Kwun Wai Kwong	01:32:02	02:28:10	03:50:49	05:18:32	06:34:02	07:06:51	08:15:39	27
33	105	Chan chu hong 陳柱匡	01:41:03	02:40:35	04:03:10	05:17:06	06:42:49	07:18:44	08:16:31	28
34	210	SO YING HO 蘇英豪	01:51:33	02:56:25	04:24:54	05:39:53	06:54:35	07:22:41	08:16:42	29
35	114	CHAN KWOK YUI 陳國銳	01:49:29	02:57:30	04:22:46	05:36:25	06:50:44	07:20:07	08:17:03	30
36	4	Chiu Wai Yin 趙蔚賢	01:44:34	02:45:29	04:14:23	05:32:20	06:49:34	07:19:35	08:17:10	6
37	8	Hiu Tung Mak 麥曉彤	01:43:21	02:46:45	04:19:41	05:36:17	06:51:41	07:23:54	08:24:42	7
38	229	WONG KONG SUNG	01:43:52	02:46:36	04:14:26	05:29:58	06:52:28	07:26:12	08:29:51	31
39	137	Fung Lim Cheung James	01:49:35	02:57:01	04:29:47	05:44:45	07:01:20	07:33:28	08:32:46	32
40	199	POON Ching Kan 潘正勤	01:44:06	02:50:11	04:20:27	05:41:50	06:57:45	07:29:58	08:32:55	33
41	112	Chan King Hei 陳景熙	01:51:38	02:55:39	04:24:41	05:40:22	07:01:00	07:33:09	08:32:58	34
42	174	Leung Kin Wai	01:50:31	02:56:15	04:25:30	05:46:50	07:10:02	07:41:15	08:41:33	35

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Full Results - All Split

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
43	166	Lee Chung Yiu 李宗耀	01:49:23	02:51:12	04:21:23	05:43:49	07:13:36	07:45:23	08:49:51	36
44	6	Frances Lai 黎佩怡	01:46:48	02:56:36	04:29:33	05:47:12	07:12:14	07:45:29	08:50:19	8
45	180	Leung Wa 梁華	01:51:18	02:54:47	04:22:01	05:44:05	07:02:24	07:43:14	08:51:26	37
46	132	CHOW YIU CHO (JOE)	01:53:52	03:03:50	04:40:29	06:00:27	07:24:19	07:56:30	08:53:20	38
47	26	Ng Choi Long 伍在朗	01:58:04	03:05:18	04:42:38	06:02:25	07:21:49	07:52:43	08:55:51	9
48	22	LIU WAI KAM	01:47:22	02:53:04	04:28:42	05:51:18	07:21:15	07:53:56	09:01:48	10
49	124	Cheung Ka Wai 張家維	01:42:55	02:48:53	04:23:47	06:03:13	07:33:38	08:09:09	09:08:04	39
50	143	Jeffrey Tsang	01:50:56	02:57:07	04:37:57	06:05:33	07:31:19	08:09:21	09:13:33	40
51	104	chan chin pang	01:54:56	03:04:03	04:40:45	06:10:58	07:39:08	08:11:36	09:16:02	41
52	31	TONG KIN MAN	01:50:34	03:02:52	04:42:34	06:03:04	07:33:41	08:10:52	09:17:21	11
53	122	CHEUNG CHAK MAN	01:51:23	03:03:41	04:40:40	06:09:57	07:38:58	08:14:27	09:19:44	42
54	186	Lo Chun Pong 盧振邦	02:00:03	03:14:44	04:54:35	06:15:19	07:44:28	08:19:29	09:22:06	43
55	245	Tsang Ho Kwun Michael	02:01:03	03:14:08	04:54:39	06:26:57	07:51:45	08:23:32	09:24:33	44
56	187	LO KWOK WAI 盧國偉	01:59:57	03:16:37	04:53:11	06:14:01	07:44:05	08:19:03	09:25:04	45
57	234	YANG CHEUK MAN 楊卓文	01:30:29	02:38:40	04:42:03	06:10:05	07:33:31	08:14:05	09:25:08	46
58	207	Shih chun chi 施純集	01:55:21	03:05:29	04:45:44	06:12:29	07:40:02	08:16:58	09:28:33	47
59	139	HO KIT SUM	01:53:07	02:54:50	04:28:25	06:05:13	07:38:42	08:12:36	09:29:49	48
60	1	Ami Yau	01:57:25	03:07:35	04:45:53	06:12:31	07:39:48	08:17:19	09:30:16	12
61	107	Chan Hiu Fung CHAN	01:53:29	03:02:12	04:46:33	06:16:07	07:47:07	08:23:57	09:34:10	49
62	248	Mark Lo	02:07:40	03:19:54	04:56:17	06:31:45	07:57:47	08:31:53	09:36:50	50
63	240	YU SIK KUEN 余錫權	02:00:53	03:11:22	04:53:45	06:26:00	07:59:24	08:33:21	09:39:32	51

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Full Results - All Split

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
64	3	CHEUNG SZE YING	02:04:57	03:18:41	04:59:40	06:30:01	08:04:52	08:40:56	09:39:47	13
65	201	"Poon Siu Cheung, Ken"	01:47:13	02:50:32	04:41:59	06:40:21	08:05:56	08:41:14	09:42:17	52
66	32	Tsang Wing Yee	02:07:45	03:24:23	05:08:45	06:35:33	08:04:06	08:38:23	09:44:09	14
67	134	FONG HUNG PAN 方鴻彬	01:56:00	03:06:37	04:46:38	06:19:57	07:53:30	08:32:22	09:46:09	53
68	238	Yip ho cheung 葉浩璋	01:47:51	03:03:29	04:52:36	06:34:17	08:03:38	08:36:36	09:47:06	54
69	237	Yeung Sze Chai	02:06:01	03:16:23	04:53:15	06:24:13	07:57:51	08:36:55	09:51:33	55
70	209	SO WING KUEN EDWARD	01:48:00	03:03:59	04:52:40	06:25:38	08:01:33	08:40:59	09:55:46	56
71	195	NG FEI YEUNG 吳飛陽	02:06:52	03:20:35	05:02:41	06:34:50	08:07:38	08:43:59	10:00:13	57
72	197	Ng Wai Ming	02:05:28	03:18:20	05:02:59	06:40:17	08:11:10	08:48:22	10:05:50	58
73	123	CHEUNG CHUNG HO	01:53:02	03:04:07	04:56:20	06:41:03	08:18:43	08:55:12	10:07:18	59
74	15	Lam Chi Ting	02:01:44	03:22:02	05:09:04	06:47:20	08:26:27	09:04:48	10:07:28	15
75	108	CHAN KA WA CALVIN	02:00:30	03:18:28	05:06:55	06:48:25	08:21:54	08:59:06	10:07:52	60
76	101	Calvin Siu	01:59:59	03:15:39	04:56:32	06:32:46	08:15:59	08:58:43	10:14:21	61
77	18	Lee Ka Ming 李嘉明	02:08:12	03:23:17	05:14:46	06:59:40	08:29:30	09:05:08	10:14:27	16
78	127	CHIU SUI WING 趙穗榮	02:07:56	03:25:17	05:23:27	07:03:58	08:31:10	09:06:12	10:17:28	62
79	136	FUNG CHUN YU 馮震宇	02:03:10	03:15:57	05:00:05	06:36:45	08:19:35	09:01:05	10:18:20	63
80	179	Leung Tsz Wing hang	01:59:23	03:15:47	05:01:01	06:43:02	08:23:17	09:04:52	10:18:38	64
81	152	kwok yiu hang	01:59:24	03:15:52	05:01:03	06:43:07	08:23:20	09:04:58	10:21:07	65
82	129	CHOW BILLY 周捷恒	02:07:29	03:19:38	05:15:07	06:56:57	08:29:11	09:05:01	10:22:00	66
83	198	Peter Chu	02:11:49	03:32:35	05:24:49	07:00:43	08:42:14	09:19:19	10:22:52	67
84	189	Luk Kwok Hang 陸國恒	02:06:13	03:30:49	05:24:27	07:08:52	08:46:15	09:20:10	10:24:50	68

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Full Results - All Split

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
85	156	Lam chin au	02:07:51	03:28:26	05:20:15	07:03:32	08:43:40	09:17:00	10:27:00	69
86	176	LEUNG MING KEI	02:08:40	03:27:36	05:14:49	06:49:19	08:39:01	09:18:08	10:33:58	70
87	113	Chan Kwok Wai	02:08:09	03:28:36	05:15:01	06:55:54	08:38:58	09:18:04	10:38:06	71
88	231	WONG MAN TIK 黃文迪	02:08:08	03:28:32	05:15:04	06:56:06	08:39:10	09:18:21	10:38:07	72
89	172	LEUNG KA MAN	02:01:25	03:24:17	05:22:56	07:03:55	08:48:34	09:30:44	10:40:20	73
90	34	TSANG YI HA 曾綺霞	02:22:51	03:37:52	05:27:24	07:10:35	08:45:29	09:22:52	10:40:30	17
91	29	TAM SIU YIN 譚小燕	02:22:55	03:37:47	05:27:21	07:10:34	08:45:33	09:23:12	10:46:50	18
92	38	Tsui ting man tingman Tsui	02:16:47	03:43:36	05:32:43	07:07:34	08:47:07	09:29:19	10:48:30	19
93	42	Yasmin Fong 方炎閑	02:16:08	03:36:47	05:31:10	07:13:41	08:56:59	09:37:14	10:50:19	20
94	39	Wai Rebecca Pak kei	02:17:42	03:38:10	05:32:35	07:11:41	08:56:51	09:38:37	10:50:23	21
95	5	CHUN PO YAN 秦保欣	02:15:21	03:33:58	05:28:32	07:17:11	08:59:38	09:39:40	10:50:27	22
96	227	Wong Kam Kei	01:49:41	03:16:19	05:27:32	07:09:20	08:46:27	09:29:12	10:51:08	74
97	184	LIE-A-CHEONG	02:37:07	04:07:03	05:55:48	07:32:23	09:06:27	09:41:58	10:57:59	75
98	13	Kan Ming Pui	02:14:24	03:42:01	05:38:28	07:28:13	09:06:59	09:46:55	11:03:19	23
99	214	Taurus Lo 羅兆基	02:18:04	03:44:36	05:44:28	07:31:44	09:14:02	09:51:01	11:16:16	76
100	228	WONG KAM WAH 黃錦華	02:24:39	03:49:41	05:42:32	07:36:43	09:12:39	09:49:34	11:16:35	77
101	241	Yuen Chi Wa 袁志華	02:06:09	03:24:53	05:20:04	07:07:46	09:01:58	09:50:41	11:23:58	78
102	159	LAM WAI YIN	02:05:46	03:30:27	05:37:34	07:31:22	09:17:30	09:55:54	11:24:26	79
103	17	LAU Yi Man	02:21:51	03:47:18	05:45:19	07:37:21	09:19:52	09:56:13	11:29:47	24
104	131	CHOW KAI KWONG	02:29:31	03:57:21	05:49:41	07:36:51	09:23:04	09:59:11	11:29:54	80
105	142	Ivaneho Mo	02:13:19	03:43:59	05:56:14	07:46:06	09:29:55	09:59:38	11:31:18	81

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Full Results - All Split

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
106	117	CHAN TSZ KIN 陳子健	02:14:31	03:41:27	05:43:15	07:36:28	09:20:14	09:54:57	11:33:08	82
107	21	LI YANHUA 李艷華	02:19:14	03:40:46	05:40:03	07:31:40	09:16:24	09:54:26	11:35:54	25
108	215	Tin Chi Yu	02:21:45	03:51:25	05:43:04	07:38:35	09:21:26	09:57:12	11:47:07	83
109	181	Leung Yin Lok	02:20:32	03:46:49	05:41:11	07:38:40	09:18:31	09:55:24	11:47:10	84
110	217	Tong Ho Tsung	02:20:30	03:47:21	05:43:31	07:38:42	09:18:35	09:52:38	11:47:13	85
111	221	tse kai fung 謝啟鋒	02:21:02	03:51:29	05:43:18	07:38:44	09:23:20	09:59:57	11:47:15	86
112	155	Lai Kam Wa 賴錦華	02:20:54	03:46:57	05:41:10	07:38:37	09:18:27	09:54:06	11:47:19	87
0	102	CHAN Keung	01:58:57	03:18:32						0
0	109	Chan Ka Wah 陳家華	03:01:25	05:01:45						0
0	115	CHAN LICK KEI 陳歷麒	02:28:05	04:03:23						0
0	118	Chan Wai Kit Calvin	01:44:53	03:19:27						0
0	121	cheng sai kit alger 鄭世傑	01:41:11							0
0	128	CHOI CHUN PONG	02:28:48	04:18:19						0
0	130	Chow Chun Wah 周振華	02:42:06	04:36:58						0
0	135	Fung Chun Chiu 馮振超	03:16:00	05:21:11						0
0	138	FUNG WING YUEN	03:01:06	04:43:14						0
0	140	ho wai man 何威文	02:16:34	03:43:25						0
0	147	KEUNG HO FAI 姜浩暉	03:01:12	05:01:42						0
0	148	KWAN TZE HIM 關子謙	02:04:47	03:21:06	05:28:16					0
0	153	Kwong kin hang 鄭健恒	02:19:33	03:51:45	05:50:19	07:41:37	09:25:54	10:04:30		0
0	160	LAU CHING WAI 劉政威	02:08:57	03:31:49	05:46:29					0

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Full Results - All Split

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
0	161	Lau Hutchison Po Sang	02:37:52	04:15:16						0
0	162	LAU KA CHUN 劉家駿	01:39:40	02:44:49	04:27:13					0
0	163	Lau Shing Kam Brian	02:23:17	04:01:31						0
0	167	Lee Kok Kit	03:00:34							0
0	169	Leo Chan 陳偉豪	02:37:05	04:06:59	05:58:36	07:51:43	09:39:35			0
0	171	LEUNG KA HUNG 梁家雄	02:28:08	04:03:13						0
0	175	Leung Mang Hui								0
0	178	LEUNG SAI TUNG 梁世棟	02:28:46	04:18:14						0
0	183	LIE-A CHEONG LEONARD	02:37:03	04:07:06	05:58:31	07:51:45	09:32:18			0
0	188	Luk Cheuk Ting Plato	01:29:03	02:22:23	03:45:13					0
0	192	Ma Yau Keung 馬友強	02:13:32	03:57:04						0
0	202	Reagan choi	01:43:24	02:56:53						0
0	206	Sat Ka Chun 薩嘉俊	02:06:11	03:22:30	05:17:03					0
0	212	Steve Chung	02:20:03	03:52:20						0
0	213	TANG CHI KONG	02:42:03	04:36:55						0
0	216	TO CHI WING 杜志榮	03:15:15							0
0	223	WONG CHI HON 黃子漢	04:08:17							0
0	230	Wong Koon Yick Raymond	02:37:24	04:18:24						0
0	235	YAP CHIEH SING	02:16:44	03:51:19	05:49:39	07:45:05	09:38:01			0
0	236	YAU KWOK KAN 丘國根	02:20:50	03:53:51						0
0	239	Yip Kam Yau	02:22:13	03:54:07	05:57:16					0

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30 Dec 2018

53km**Full Results - All Split**

Pos.	Bib	Name	TP1	TP2	TP3	TP4	TP4.5	TP5	Official Time	Cat Pos
0	43	Yuet Wa Ching	02:13:27	03:35:38						0
0	7	Fung Yuen Ling 馮婉玲	02:31:46	04:18:56						0
0	9	Ho Ching Yee 何靜怡	02:21:35	03:46:21	05:50:03	07:39:48	09:31:18			0
0	11	Hui Wing Yan	02:18:30	03:40:29						0
0	12	Joanna Wong	02:33:13	03:54:49	05:49:01	07:42:33	09:27:56			0
0	14	LAI SIN MAN SELMA	03:15:12							0
0	16	Lam Ho Tong 林可棠	02:31:36	03:58:45	05:57:06	07:53:48	09:31:51			0
0	19	LEE KAM LING	03:01:08	04:43:04						0
0	23	LO KA WAI HONGKONG	02:30:41	04:00:41						0
0	24	Mao Lo 毛露	02:35:47	04:14:01						0
0	27	SO KWAI HEUNG	03:02:48	04:51:47						0
0	28	Tam Siu Fung	03:00:30							0
0	30	Tang Oi Lin Irene	02:18:11	03:51:39	05:52:15	07:36:13	09:24:21	10:04:34		0