

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
1	1057	TSANG Fuk Cheung 1. Amway	5:42.037	17:31.110
2	2016	MOK Wai Hung 1. Amway	5:42.793	18:19.070
3	1045	PUN Yi Tik 1. Amway	6:00.297	18:19.277
4	52	Yau Hin Lun 邱顯倫 17. 香港都會大學	6:01.550	18:20.530
5	2009	HO Timothy 1. Amway	6:06.790	18:23.000
6	61	Zhang Lihui 張立輝 18. 潮州會館中學	6:00.610	19:18.000
7	2008	HO Samuel 1. Amway	6:08.543	19:26.200
8	3	CHAN Cheuk Hang 1. Amway	6:00.547	19:52.500
9	1013	CHOY Hok Chee 1. Amway	6:11.610	19:57.947
10	2019	SZE Lion 1. Amway	6:20.037	20:13.000
11	20	Cheung Chu Yuen 張柱源 12. 天水圍循道衛理中學	6:41.387	20:16.687
12	3071	林恆卓 9. 慕光英文書院	6:37.353	20:24.843
13	6015	LUI Wai Man 1. Amway	6:55.113	20:32.577
14	3041	LI Ken 1. Amway	6:46.610	20:40.757
15	3015	CHEW Angus 1. Amway	6:36.297	20:46.597
16	2020	TAM Tsz Kan 1. Amway	6:39.637	21:05.997
17	5025	LAM Cho Yu 1. Amway	7:10.253	21:18.290
18	120	麥鈞全 9. 慕光英文書院	6:50.613	21:30.197
19	2015	MAK Jonathan 1. Amway	6:51.083	21:38.110
20	3070	Sim Leung Wai 沈樑威 2. 文理書院(香港)	7:11.087	21:50.700
21	6	LI Benedict 1. Amway	6:35.043	22:16.123
22	5002	CHAN Ho Tsun 1. Amway	7:25.440	22:23.367
23	22	IP KWAN SHING 葉君成 12. 天水圍循道衛理中學	7:09.327	22:25.767
24	1044	PUN Yiu Chung 1. Amway	6:39.747	22:28.590
25	19	Chow YU chak 周雨澤 12. 天水圍循道衛理中學	7:02.360	22:50.637
26	2035	Chung Koon Fung 鍾冠峰 5. 聖公會曾肇添中學	7:27.260	22:53.427

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Cat Pos	Bib	Name	Turning Point	Total time
27	41	Yip lap hei 葉立曦 14. 漢華中學	7:02.260	23:02.927
28	3040	LI Donald 1. Amway	7:07.800	23:03.697
29	92	Kwan Cho Hei 關楚曦 4. 五邑司徒浩中學	7:03.593	23:08.727
30	2021	TANG Kin Wing 1. Amway	7:03.607	23:13.207
31	2002	CHAN Tsz Chung 1. Amway	8:10.077	23:16.440
32	104	So Cheuk Ngai 蘇倬毅 5. 聖公會曾肇添中學	7:55.280	23:21.230
33	1072	徐俊南 11. 樂善堂梁銻琚書院	7:31.647	23:22.120
34	89	Huang Hoi Yin 黃凱炫 4. 五邑司徒浩中學	6:58.197	23:22.317
35	1006	CHENG Yiu Ming 1. Amway	6:46.710	23:22.900
36	3069	Lee Koon Ting 李冠廷 2. 文理書院(香港)	8:20.920	23:25.400
37	114	Lau Yat Wang 劉溢泓 7. 樂善堂楊葛小琳中學	8:29.927	23:42.573
38	24	Shiu wai chun 邵瑋晉 12. 天水圍循道衛理中學	7:08.580	23:47.957
39	3022	HUKPACHONGBANG Kumarhang 1. Amway	7:54.130	23:51.747
40	43	李浩揚 14. 漢華中學	7:48.393	24:01.970
41	119	Zhang Yuanzhe 張元喆 9. 慕光英文書院	6:57.857	24:05.763
42	103	Liu Hung Sui 劉鴻瑞 5. 聖公會曾肇添中學	7:38.693	24:15.207
43	7027	LEE Ming Yin 1. Amway	7:22.343	24:32.747
44	118	Cheng Yim Tat 鄭任達 9. 慕光英文書院	7:13.847	24:42.723
45	105	Tong Chun Yin 唐雋賢 5. 聖公會曾肇添中學	8:19.720	24:44.430
46	14	梁澍銘 11. 樂善堂梁銻琚書院	7:41.440	24:44.910
47	1038	NG Tsz Hei 1. Amway	8:07.770	24:47.260
48	50	李仁瑋 15. 葵涌循道中學	8:52.613	25:06.493
49	77	LEE SAI CHAK 李世澤 3. 閩僑中學	7:45.740	25:18.063
50	1067	YIP Chun Kong 1. Amway	7:38.223	25:23.663
51	5	LAM Isaac 1. Amway	8:51.843	25:27.200
52	5018	CHONG Man Hei 1. Amway	8:35.940	25:27.850

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53	3019	CHUM Tik Sang 1. Amway	7:50.003	25:28.000
54	1008	CHEUNG Cheuk Man 1. Amway	7:22.727	25:30.017
55	2031	YUNG Tak Ming Thomas 1. Amway	7:10.490	25:32.143
56	2010	LAM Ho Fung 1. Amway	7:46.267	25:35.493
57	1051	TO Chun Tung 1. Amway	8:10.867	25:36.380
58	6024	Chung Uen chun 鍾宛真 12. 天水圍循道衛理中學	7:50.447	25:36.527
59	35	LiJingQian 李敬謙 14. 漢華中學	7:50.100	25:37.317
60	64	Tang Clifford Jackson 鄧智上 18. 香港中國婦女會中學	7:52.900	25:40.720
61	3036	LEE Chris 1. Amway	7:40.820	25:45.363
62	3025	KWOK King Hang Gifford 1. Amway	8:29.523	25:48.797
63	1047	TAM Lok Kwan 1. Amway	7:13.043	25:54.003
64	4047	QIU ON NI 邱安妮 14. 漢華中學	8:21.863	26:06.153
65	40	Yeung Chun Wai 楊俊偉 14. 漢華中學	7:44.370	26:06.577
66	3053	TSANG Raymond 1. Amway	7:17.043	26:13.237
67	81	廖梓成 3. 閩僑中學	7:47.503	26:39.450
68	1033	LEE Yat Laam 1. Amway	9:11.837	26:59.007
69	1	AU Kai Long 1. Amway	9:02.000	27:02.013
70	2	CHAN Tsz Fung 1. Amway	8:38.220	27:05.093
71	108	廖晉賢 5. 聖公會曾肇添中學	7:36.773	27:06.513
72	1039	NGAN Lap Chun 1. Amway	7:35.343	27:06.637
73	94	Wong Cheuk Leung Adam 黃焯良 4. 五邑司徒浩中學	9:47.427	27:09.427
74	1069	張柏希 1. Amway	7:48.540	27:11.750
75	1015	FU Mau Kan 1. Amway	8:31.830	27:18.973
76	100	Chan Ming Kit 陳銘傑 5. 聖公會曾肇添中學	8:22.967	27:19.990
77	62	Kwok Man Chun 郭文俊 18. 獻主會聖母院書院	7:37.870	27:24.570
78	1046	SUNG Ka Wai 1. Amway	9:13.043	27:30.020

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Cat Pos	Bib	Name	Turning Point	Total time
79	3020	CHUNG Ka Yuen 1. Amway	7:33.833	27:33.920
80	3008	CHANG Yan Wing 1. Amway	8:52.143	27:39.853
81	55	Chan Chung Yui 陳頌睿 18. 五旬節中學	7:12.693	27:40.010
82	1025	KWOK Pui Tik 1. Amway	10:38.510	27:42.797
83	1040	NIZAL Justin 1. Amway	7:17.333	27:44.970
84	49	張利文 15. 葵涌循道中學	9:08.320	27:56.673
85	1019	IGLESIA Adriane 1. Amway	8:34.833	27:59.983
86	1060	WAN Shun Fung 1. Amway	8:14.997	28:01.723
87	1024	KAN Ho Hin 1. Amway	9:08.000	28:06.213
88	2011	LAU Ka Wai 1. Amway	8:07.940	28:08.237
89	3042	LIM Kuen 1. Amway	9:32.397	28:15.397
90	51	陳日俊 15. 葵涌循道中學	8:54.967	28:18.877
91	3003	CHAN Larry 1. Amway	8:34.883	28:28.273
92	36	Lui Ka Wang 雷嘉泓 14. 漢華中學	7:47.820	28:36.553
93	1017	HO Han Yui 1. Amway	10:08.027	28:39.110
94	3017	CHU Keith 1. Amway	9:02.360	28:41.010
95	38	WONG CHUNG TING 黃頌庭 14. 漢華中學	8:12.850	28:42.443
96	1012	CHOW Chi Fung 1. Amway	9:07.240	28:42.673
97	7056	XUE Caimei 1. Amway	10:03.890	28:54.663
98	3030	LAM Lesly 1. Amway	8:25.713	28:55.310
99	106	YEUNG HO CHING 楊昊澄 5. 聖公會曾肇添中學	8:16.843	28:57.640
100	2024	TSO Hei Tat 1. Amway	8:33.813	28:59.520
101	95	Wong Chun Kit 黃俊傑 4. 五邑司徒浩中學	9:04.540	29:03.723
102	1061	WAN Chi Chun Ian 1. Amway	8:35.377	29:09.457
103	7044	TING Yin Ling 1. Amway	9:04.263	29:10.937
104	6019	TSANG Wai Sze 1. Amway	8:40.677	29:18.397

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105	5029	LAU Esther 1. Amway	9:11.087	29:19.100
106	56	Yau Hin Ting 邱顯霆 18. 五旬節中學	8:26.543	29:19.777
107	3050	SO Nuen Lam 1. Amway	8:49.607	29:24.383
108	87	Cheng Chi Wa 鄭志華 4. 五邑司徒浩中學	8:12.927	29:28.807
109	3027	LAI Man Kit 1. Amway	10:43.503	29:30.453
110	7028	LEUNG Kit 1. Amway	8:55.313	29:37.050
111	7020	LAM Yim Ching 1. Amway	9:11.927	29:42.147
112	1062	WONG Tak Yeung 1. Amway	8:53.510	29:52.427
113	6001	CHAN Yuk Yin 1. Amway	10:12.913	30:02.030
114	2001	CHAN Yiu Ho 1. Amway	9:09.690	30:07.027
115	1066	YIP Aaron 1. Amway	8:43.857	30:07.447
116	3044	LUI Ho Yin 1. Amway	9:02.160	30:14.967
117	5031	LAU Yan Yan 1. Amway	9:04.993	30:17.133
118	1027	LAM Chun Tat 1. Amway	10:10.620	30:17.627
119	68	Leung Ka Chun 梁嘉俊 2. 文理書院(香港)	9:47.677	30:19.213
120	1004	CHAO Yao Tsu 1. Amway	8:31.347	30:24.397
121	1052	TONG Marcus 1. Amway	8:39.807	30:29.297
122	2022	TANG Tak Yuen 1. Amway	11:08.367	30:30.983
123	3034	LAW Wai Yan 1. Amway	10:08.010	30:32.193
124	4083	黎芷凝 9. 慕光英文書院	8:09.857	30:35.597
125	5001	CHAK Pui Kwan 1. Amway	10:56.060	30:35.780
126	6026	Lau Miu Ching 劉妙菁 4. 五邑司徒浩中學	9:37.557	30:39.970
127	69	Ng Kwun Wa 吳冠樺 2. 文理書院(香港)	9:46.833	30:45.643
128	1041	NIZAL John Kyle Manalo 1. Amway	8:56.473	30:47.777
129	5014	CHEUNG Hiu Leong 1. Amway	10:48.860	30:53.963
130	3023	JHALAKRAJ Thapa 1. Amway	10:08.673	30:55.653

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Cat Pos	Bib	Name	Turning Point	Total time
131	1043	PANG Kitsun 1. Amway	11:14.960	30:59.530
132	3033	LAU Leo 1. Amway	8:49.460	31:01.670
133	7025	LEE Julia 1. Amway	9:20.107	31:14.673
134	3057	WONG Kwok Leung 1. Amway	9:54.243	31:15.500
135	1028	LAU Chun Ho 1. Amway	8:35.583	31:19.400
136	3032	LAM Gabriel 1. Amway	8:57.583	31:21.567
137	1032	LEE Tsun Ming 1. Amway	9:51.227	31:22.857
138	6025	Lam Mei Yan 林美欣 2. 文理書院(香港)	9:20.190	31:22.900
139	1002	CHAN Yuk Kwan 1. Amway	9:50.350	31:22.933
140	3013	CHEUNG Ka Chun 1. Amway	9:53.763	31:29.550
141	3061	YEUNG Ka Lok 1. Amway	9:50.670	31:29.783
142	3066	李啟明 15. 葵涌循道中學	11:17.020	31:31.760
143	111	Choi shun leung 蔡淳樑 7. 樂善堂楊葛小琳中學	8:41.137	31:35.317
144	53	Huang Wing Kin Eric 黃永健 18. 中華基督教會全完中學	7:56.080	31:46.103
145	116	Wong Tsz On 黃芷安 7. 樂善堂楊葛小琳中學	8:48.150	31:48.543
146	1074	梁子華 2. 文理書院(香港)	11:38.047	31:50.230
147	65	Au Ho Chun 區昊臻 2. 文理書院(香港)	11:42.737	31:50.377
148	1073	Wong Kit Ho 黃傑豪 2. 文理書院(香港)	11:44.373	31:57.353
149	5026	LAM Hiu Ying 1. Amway	10:05.053	32:03.220
150	4069	Yeung Kan Yi 楊謹爾 4. 五邑司徒浩中學	8:59.030	32:03.923
151	7051	WONG Suk Chiu 1. Amway	11:21.210	32:15.510
152	3035	LEE Chun Sun Rex 1. Amway	10:08.287	32:21.677
153	27	lianglikit 梁理傑 13. 天水圍官立中學	9:44.780	32:26.997
154	28	LIU TSZ MING 劉子銘 13. 天水圍官立中學	8:49.757	32:27.443
155	82	施友旭 3. 閩僑中學	9:52.823	32:29.337
156	3009	CHAU Sau Hong 1. Amway	9:51.230	32:35.790

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157	3048	POON Yiu Tong 1. Amway	11:20.593	32:40.350
158	4005	WONG Tsz 1. Amway	9:41.037	32:44.277
159	4001	CHONG Man Yan 1. Amway	11:41.107	32:45.103
160	2004	CHAN Wing Ho 1. Amway	10:21.863	32:45.203
161	10	WONG Calix 1. Amway	9:49.317	32:47.280
162	63	Chow Kwun Hei 周冠希 18. 香港中國婦女會中學	8:28.640	32:49.977
163	83	李文宇 3. 閩僑中學	9:16.063	32:55.757
164	3002	CHAN Cheuk Yan 1. Amway	9:56.670	32:56.243
165	7019	LAI Mei Yi May 1. Amway	10:05.460	33:01.147
166	3046	NG Wing Hong 1. Amway	11:50.627	33:09.873
167	4073	Ng Hoi Ying 吳愷盈 6. 英華女學校	10:05.533	33:12.110
168	4072	Ching Wing Yin Tristan 程穎然 6. 英華女學校	10:05.623	33:12.983
169	98	Yeung King Cheung 楊景翔 4. 五邑司徒浩中學	10:47.380	33:18.607
170	97	Wong Man Chun 黃文俊 4. 五邑司徒浩中學	10:51.113	33:20.870
171	4057	Siu Yau 邵柔 2. 文理書院(香港)	11:40.887	33:21.803
172	32	Chan Yuk Laam 陳煜嵐 14. 漢華中學	6:50.233	33:22.267
173	26	Feng Shing Kung 馮成功 13. 天水圍官立中學	9:57.823	33:24.973
174	6012	LEE Mei Ngor Stella 1. Amway	10:49.897	33:25.970
175	6013	LEE Mei Sim 1. Amway	10:49.050	33:26.147
176	37	Poon Chun Yin Rogan 潘俊諺 14. 漢華中學	11:40.600	33:30.357
177	86	Chang Long Hin 鄭朗軒 4. 五邑司徒浩中學	10:17.777	33:30.747
178	18	麥鉅烽 11. 樂善堂梁銻琚書院	9:19.613	33:31.727
179	39	Wong TszKi 王子祺 14. 漢華中學	8:03.783	33:34.183
180	84	林俊棠 3. 閩僑中學	10:20.503	33:35.263
181	4067	Tang Wing Sze 鄧泳詩 4. 五邑司徒浩中學	11:07.413	33:35.420
182	3068	TSE TO HUNG 謝道源 16. 中華聖潔會靈風中學	12:08.290	33:35.510

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183	4066	Chak Ka Hei 翟珈晞 4. 五邑司徒浩中學	9:10.270	33:36.250
184	5020	FU Kai Yuk 1. Amway	9:21.310	33:39.907
185	1021	JOR Calvin 1. Amway	10:18.923	33:46.470
186	2018	NG Tsz Fung 1. Amway	11:23.550	33:46.570
187	2012	LEE Ka Fai 1. Amway	10:24.860	33:48.527
188	60	Ma Tian Yu 馬天宇 18. 潮州會館中學	9:21.117	33:55.503
189	5004	CHAN Hei Yu Ingrid 1. Amway	11:49.063	33:56.300
190	5040	NG Oi Yi 1. Amway	10:27.753	34:02.883
191	4010	Chu Ka Ying 朱嘉滢 10. 聖安當女書院	10:33.333	34:07.450
192	45	簡得義 14. 漢華中學	8:42.503	34:08.427
193	1071	尹鈺杰 10. 聖安當女書院	9:06.703	34:09.967
194	5032	LEE Wing Sze Gia 1. Amway	10:00.610	34:13.580
195	7063	陳盛雯 3. 閩僑中學	11:19.580	34:14.347
196	1053	TSANG Wing Him 1. Amway	10:17.100	34:19.220
197	6017	SO Yeuk Lan 1. Amway	11:29.320	34:24.080
198	4	CHONG Man To 1. Amway	11:58.800	34:27.400
199	4048	WONG YUK WUN 黃鈺媛 14. 漢華中學	10:12.073	34:28.383
200	5009	CHAU Tsoi Yan 1. Amway	10:56.350	34:30.007
201	5049	YIP Tsz Yu 1. Amway	11:17.223	34:39.563
202	5019	CHOY Yan Tung 1. Amway	10:50.610	34:43.550
203	5039	NG Yuen Shan 1. Amway	10:54.497	34:55.210
204	7017	KUNG Yuk Lan 1. Amway	11:54.367	34:59.113
205	7035	MAN Nga Heung Pippa 1. Amway	10:48.323	35:00.750
206	1003	CHAN Chung Yui 1. Amway	8:52.910	35:02.033
207	7021	LAU Man Yan 1. Amway	10:28.277	35:05.550
208	4004	LI Samantha 1. Amway	8:19.583	35:07.500



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209	107	Yeung Ping Tat 楊秉達 5. 聖公會曾肇添中學	11:57.190	35:15.737
210	1037	NG Wing Lam 1. Amway	10:33.050	35:21.973
211	7043	TING Ka Wai 1. Amway	10:39.470	35:29.870
212	5021	HO Sze Wah Shiphrah 1. Amway	9:46.717	35:35.003
213	3058	WONG Sau Chuen 1. Amway	11:55.483	35:37.023
214	5013	CHEN Zoe 1. Amway	10:55.110	35:40.223
215	7002	CHAN Ching Ling 1. Amway	11:13.670	35:41.570
216	117	Zhong Sui Yeung 鍾瑞陽 7. 樂善堂楊葛小琳中學	9:10.190	35:45.740
217	6004	CHEN Mandy 1. Amway	11:44.513	35:46.120
218	5010	CHAU Ming Yi 1. Amway	11:44.717	35:46.223
219	1056	TSANG Wing Him 1. Amway	11:19.993	35:49.293
220	5008	CHAN Yu Ching 1. Amway	11:58.893	35:50.097
221	5015	CHIU Yuen Ting 1. Amway	10:56.687	35:54.393
222	7058	YIP Too Kee Angela 1. Amway	11:35.383	35:56.093
223	7008	CHEUNG Wai Sim 1. Amway	11:15.577	36:00.673
224	2006	CHOW Sunny 1. Amway	9:56.097	36:05.277
225	7022	LAU Pui Chee 1. Amway	11:23.167	36:06.397
226	44	梁銘謙 14. 漢華中學	11:21.627	36:10.160
227	1070	秦樂謙 1. Amway	12:02.137	36:10.413
228	66	Fung Ka Hei 馮迦熙 2. 文理書院(香港)	11:51.317	36:11.553
229	34	Lam Kwan Chai 林均齊 14. 漢華中學	11:23.973	36:11.673
230	33	Chin Ho Kan 趙浩勤 14. 漢華中學	11:18.783	36:13.410
231	6016	MO I Chen 1. Amway	10:45.273	36:16.720
232	5042	SHEK Ka Ki 1. Amway	11:45.410	36:17.530
233	46	馮文進 14. 漢華中學	11:21.977	36:18.050
234	5011	CHEN Fanny 1. Amway	11:51.750	36:18.217

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
235	1042	OR Raymond 1. Amway	10:51.570	36:20.203
236	7029	LEUNG Yun Ling 1. Amway	10:09.843	36:27.530
237	4050	wong chak yan 黃澤恩 18. 佛教葉紀南紀念中學	10:56.367	36:29.387
238	42	施浩仁 14. 漢華中學	11:06.350	36:47.090
239	4002	LAM Tin Lok Dorcas 1. Amway	11:29.890	36:48.613
240	7007	CHENG Won Mon 1. Amway	12:51.457	36:53.987
241	2005	CHEUK Wong 1. Amway	12:11.543	36:55.120
242	2025	TSO Hei Shun 1. Amway	9:34.787	36:57.070
243	3031	LAM King Fung 1. Amway	11:25.903	36:58.353
244	1009	CHING Kam Ming 1. Amway	10:20.733	37:12.237
245	4071	Yu Tsz Shan 余偉珊 4. 五邑司徒浩中學	11:07.757	37:15.483
246	5044	TSANG Sammi 1. Amway	10:48.650	37:17.680
247	5016	CHIU Wan Yu 1. Amway	10:32.780	37:22.960
248	7057	YIM Chan 1. Amway	12:50.783	37:23.983
249	6008	JOR Yin Ling 1. Amway	11:55.620	37:24.993
250	7040	SO Wai Ching 1. Amway	14:30.210	37:25.873
251	6011	LAM Chloe 1. Amway	13:24.387	37:28.380
252	6023	YAU Maggie 1. Amway	13:47.520	37:29.650
253	76	Chow Siu Long Adrian 周兆朗 3. 閩僑中學	11:11.080	37:31.560
254	2023	TONG Kin Ting 1. Amway	9:55.083	37:33.053
255	2029	WU Pak Hin 1. Amway	10:02.010	37:34.403
256	7054	WONG Chun Chau 1. Amway	13:43.760	37:35.413
257	5050	YUE Cheuk Hei 1. Amway	11:54.573	37:36.357
258	1068	YUE Kin Long 1. Amway	10:47.323	37:38.453
259	5006	CHAN Ngai Tung Anton 1. Amway	10:48.133	37:40.877
260	5007	CHAN Hiu Wa 1. Amway	11:48.633	37:52.333

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
261	4054	"Xu Kam Yan,Amy" 許錦欣 18. 金文泰中學	12:34.607	37:54.160
262	2007	FOK Kenny 1. Amway	12:02.743	37:58.680
263	4018	Qiu Man Yik 丘文益 10. 聖安當女書院	11:27.553	38:03.187
264	7018	LAI Yan Yi Brenda 1. Amway	11:56.600	38:08.617
265	13	梁曉暉 11. 樂善堂梁銻琚書院	10:18.657	38:13.067
266	7004	CHAN Sarah 1. Amway	11:31.460	38:15.897
267	5038	MOK Cho Yi 1. Amway	12:03.817	38:16.880
268	4013	Lee Ka Hei 李嘉曦 10. 聖安當女書院	11:36.533	38:32.737
269	2033	梁業勤 14. 漢華中學	13:13.330	38:40.610
270	2030	YAM Tsz Chun 1. Amway	9:27.773	38:54.833
271	4034	李佩琳 10. 聖安當女書院	10:08.057	38:55.107
272	90	Huang Pak Kiu 黃柏喬 4. 五邑司徒浩中學	10:59.690	38:56.237
273	1030	LEE Ho Chuen 1. Amway	10:11.940	38:57.487
274	1018	HUANG Jerry 1. Amway	11:29.120	38:58.277
275	96	Wong Fong Yuet 黃妨悅 4. 五邑司徒浩中學	11:16.943	38:58.403
276	5035	LIU Chung Yan 1. Amway	11:30.333	38:58.587
277	7013	CHUI Man Ping 1. Amway	11:49.833	39:03.947
278	5023	LAI Hiuching 1. Amway	11:58.740	39:09.713
279	7049	WAN Mei Han Dilys 1. Amway	12:22.377	39:09.760
280	17	陳迪生 11. 樂善堂梁銻琚書院	9:37.203	39:16.653
281	5027	LAM Hau Man 1. Amway	11:16.937	39:26.580
282	1050	TANG Chin Wang 1. Amway	11:26.990	39:27.157
283	5028	LAU Tin Yan 1. Amway	11:32.390	39:28.000
284	1063	WONG Wai Ho 1. Amway	11:25.640	39:28.130
285	1055	TSANG Ocean 1. Amway	11:28.307	39:28.530
286	3067	LEE KWOK WING TONY 李國榮 16. 中華聖潔會靈風中學	13:26.273	39:39.400

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
287	7034	MAK Yuen Pik 1. Amway	12:43.977	39:42.957
288	3056	WONG Thomas 1. Amway	11:58.353	39:45.537
289	3062	YIM Chi Man 1. Amway	11:36.643	39:47.593
290	7047	TSE Yik Tung 1. Amway	11:32.057	39:48.727
291	2026	TSO Ricky Van Yip 1. Amway	12:36.083	39:51.307
292	1054	TSANG Wai Ho 1. Amway	14:02.967	39:51.507
293	3016	CHOW Wai Cheong 1. Amway	13:59.267	39:55.980
294	4022	Wong Wing Sze 黃穎詩 10. 聖安當女書院	11:04.877	39:57.133
295	7033	LUM Wai Man 1. Amway	13:01.590	39:57.410
296	6020	TSE Lai Ying 1. Amway	14:34.093	40:04.233
297	5046	TSE Ching Yi 1. Amway	14:31.987	40:04.573
298	3065	鄧英揚 1. Amway	13:35.287	40:06.633
299	1016	FUNG Ka Hei 1. Amway	11:33.853	40:06.870
300	5041	PANG Hiu Kwan 1. Amway	13:44.267	40:07.747
301	1064	WONG Lai Him 1. Amway	10:11.927	40:16.810
302	7023	LAU So Chun 1. Amway	13:58.157	40:18.697
303	7031	LIU Bo Yee 1. Amway	12:53.750	40:19.230
304	5012	CHEN Meijun 1. Amway	10:43.427	40:19.513
305	4021	Wong Hiu Ying 王曉瑩 10. 聖安當女書院	12:34.710	40:20.913
306	5047	WONG Yee Mei 1. Amway	11:40.107	40:23.040
307	1010	CHIU Honkie 1. Amway	11:43.113	40:23.080
308	5036	MA Sum Yu 1. Amway	10:13.260	40:23.250
309	3052	TSANG Hing On 1. Amway	14:02.767	40:24.580
310	5030	LAU Ying Yi 1. Amway	12:15.943	40:32.443
311	3059	YAU Kai Yin 1. Amway	12:57.030	40:34.290
312	3060	YAU Kwan Shan 1. Amway	11:11.673	40:41.090

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
313	4007	YAU Sin Ting 1. Amway	11:15.420	40:42.247
314	6018	TAM Siu Lai 1. Amway	12:19.780	40:44.860
315	5043	TANG Chin Ying Chloe 1. Amway	11:03.250	40:48.287
316	1011	CHIU Boris 1. Amway	11:02.870	40:48.760
317	3029	LAM Fu Kwai 1. Amway	12:41.127	40:54.567
318	6022	WONG Shun Wai 1. Amway	12:15.627	40:58.317
319	7050	WONG Ka Man 1. Amway	11:37.290	41:01.297
320	6010	KWOK Ka Hei 1. Amway	12:19.617	41:03.913
321	3038	LEE Chun Keung 1. Amway	12:38.143	41:13.887
322	2013	LEUNG Kin Chau 1. Amway	13:19.680	41:15.073
323	4032	馮奕如 10. 聖安當女書院	12:13.340	41:15.393
324	4015	Lo sin ying 羅倩盈 10. 聖安當女書院	12:58.913	41:15.517
325	3021	HA Pik Hing 1. Amway	14:21.123	41:26.500
326	30	Chan ka Long 陳嘉朗 14. 漢華中學	11:21.927	41:32.237
327	7005	CHAN Kwan Fong Virginia 1. Amway	13:43.310	42:14.837
328	7026	LEE Wai Yin 1. Amway	14:14.303	42:14.837
329	1007	CHEUNG Ka Wing 1. Amway	17:27.600	42:17.780
330	67	Leung Ka Chun 梁家俊 2. 文理書院(香港)	11:53.817	42:26.080
331	7016	HO Ka Yee Clara 1. Amway	13:32.243	42:29.937
332	3014	CHEUNG Tui Chi 1. Amway	12:53.470	42:48.310
333	3039	LEUNG Wai Cheong 1. Amway	13:54.753	42:56.983
334	7006	CHAU Yim May 1. Amway	14:56.807	42:58.353
335	7014	FAN Chun Ngan 1. Amway	15:18.797	42:58.643
336	5033	LEE Ting Yan 1. Amway	12:44.503	43:09.430
337	5022	LAI Mei Yin 1. Amway	11:20.667	43:15.910
338	7001	CHAN Charmaine 1. Amway	11:57.097	43:51.967

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
339	79	YanKaChun 甄嘉俊 3. 閩僑中學	11:38.590	43:54.447
340	80	YEUNG Hoi Wong 楊凱煌 3. 閩僑中學	11:11.417	43:59.057
341	4033	梁凱韻 10. 聖安當女書院	12:12.837	44:10.137
342	4012	Lee cheuk fei 李卓霏 10. 聖安當女書院	11:37.577	44:11.053
343	7032	LO Fung Mei 1. Amway	12:32.680	44:12.720
344	1034	LI Chun Ho 1. Amway	12:37.477	44:13.677
345	99	Cheung Ka Chung 張嘉聰 4. 五邑司徒浩中學	11:20.287	44:16.770
346	7041	SO Teresa 1. Amway	14:51.500	44:21.950
347	93	Tsui Sen Fung 徐晨峰 4. 五邑司徒浩中學	11:03.550	45:02.530
348	3045	NG Nai 1. Amway	12:37.477	45:07.450
349	75	CHEN Shaoni 陳芍霓 3. 閩僑中學	12:44.330	45:07.650
350	4053	Liu Chau Yee 劉周儀 18. 妙法寺劉金龍中學	14:00.340	45:40.907
351	4052	Chong Wing Yan 莊詠恩 18. 妙法寺劉金龍中學	14:00.893	45:41.387
352	6002	CHAN Carmen 1. Amway	14:59.317	45:59.347
353	47	黃博謙 14. 漢華中學	14:08.130	45:59.627
354	7055	WONG Siu Yin Joan 1. Amway	14:50.157	46:05.060
355	7045	TONG Cho Ying 1. Amway	13:52.083	46:07.227
356	6009	KO Sin Man 1. Amway	13:56.317	46:07.497
357	2028	WONG Wai Wang 1. Amway	11:54.657	46:07.927
358	7061	Chung Wing Kai BURA 張詠佳 2. 文理書院(香港)	15:05.027	46:10.320
359	74	Chan Yu Hei 陳如熙 3. 閩僑中學	12:51.473	46:41.090
360	1058	TSANG Wai Fai 1. Amway	13:19.587	46:45.977
361	5045	TSANG Yuen Ching 1. Amway	13:46.807	46:46.080
362	4017	Pang Wing Shan 彭永珊 10. 聖安當女書院	15:09.267	46:58.960
363	7015	HA Phoebe 1. Amway	21:15.990	47:00.957
364	4019	Shiu Cho Ying 蕭楚盈 10. 聖安當女書院	15:22.223	47:05.840

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
365	1026	LAM Ting Hong 1. Amway	16:14.450	47:14.700
366	88	Cheuk Wing Fai 卓永輝 4. 五邑司徒浩中學	14:03.707	47:53.730
367	4003	LAM Tin Yu Semeion 1. Amway	13:27.027	48:25.530
368	3028	LAM Ling Yuen Felix 1. Amway	13:30.363	48:27.487
369	4070	Yeung Yik Sze 楊奕詩 4. 五邑司徒浩中學	11:30.223	48:30.913
370	4068	Wong Tsz Ki 王梓淇 4. 五邑司徒浩中學	11:43.323	48:34.043
371	4064	Kwok Hei Man 郭蔘雯 3. 閩僑中學	12:30.400	48:34.627
372	4062	Cheung Hei yu 張熙榆 3. 閩僑中學	13:06.883	48:35.157
373	4061	Chen Yiyuan 陳藝媛 3. 閩僑中學	12:30.537	48:35.387
374	4063	DuJinxin 杜錦欣 3. 閩僑中學	12:30.863	48:36.073
375	1049	TANG Ying Kit 1. Amway	12:02.947	48:36.517
376	4029	陳殷淇 10. 聖安當女書院	15:15.257	48:42.997
377	1014	CSC Terence 1. Amway	17:28.247	48:49.420
378	7048	TSUI Siu Man 1. Amway	13:38.920	48:58.197
379	7046	TSANG Shuk Kuen Maggie 1. Amway	18:08.600	48:59.190
380	4030	張日盈 10. 聖安當女書院	14:44.877	49:21.630
381	4009	Chou Tsz Ying 周芷盈 10. 聖安當女書院	14:03.413	49:23.540
382	3047	NG Ki Piu 1. Amway	16:09.517	49:30.567
383	3007	CHAN Kam Sau 1. Amway	16:24.820	49:31.633
384	7052	WONG Mei Ho 1. Amway	17:19.600	49:31.823
385	7012	CHOW Hoi Yan 1. Amway	16:25.353	49:32.980
386	5003	CHAN Hiu Laam 1. Amway	19:00.490	50:09.830
387	5005	CHAN In Ting 1. Amway	19:04.933	50:17.177
388	4025	張紫晴 10. 聖安當女書院	14:07.800	50:28.873
389	7060	Adea Yuen 袁楚華 2. 文理書院(香港)	15:03.030	50:35.210
390	4040	邱靖宜 10. 聖安當女書院	13:54.553	50:35.570

# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
391	4006	WONG Jacey 1. Amway	12:49.590	51:30.337
392	7010	CHEUNG Mei Ling 1. Amway	18:12.923	51:57.437
393	3006	CHAN Wai Lan 1. Amway	18:15.180	51:58.490
394	31	Chan Wing Pak 陳穎柏 14. 漢華中學	13:16.083	52:18.613
395	4055	Chen Jiaxin 陳嘉欣 2. 文理書院(香港)	13:56.183	53:37.420
396	3011	CHEUNG Shing 1. Amway	15:32.740	53:47.740
397	7009	CHEUNG Mei Ling 1. Amway	15:34.273	54:19.250
398	7039	SIU Lai Yi 1. Amway	18:58.703	54:43.800
399	4014	Li Pui Yi 李佩怡 10. 聖安當女書院	14:56.227	55:22.513
400	5034	LEUNG Ching Sze 1. Amway	22:32.507	58:23.420
401	4024	廖泳澄 10. 聖安當女書院	19:22.083	58:27.750
402	4027	劉珽頤 10. 聖安當女書院	16:42.537	59:05.793
403	4026	房芷尹 10. 聖安當女書院	16:46.130	59:07.183
404	4039	楊淳寧 10. 聖安當女書院	16:45.563	59:07.223
405	101	Lam Wai Lim William 林唯廉 5. 聖公會曾肇添中學	17:17.130	59:27.183
406	7011	CHEUNG Jacqueline 1. Amway	18:10.533	59:27.623
407	4056	Cheung Wai Sze 張慧詩 2. 文理書院(香港)	16:50.660	59:33.333
408	4060	黃婉宜 2. 文理書院(香港)	16:49.947	59:33.813
409	4046	Wu Hai Yi 吳海逸 13. 天水圍官立中學	18:23.150	59:40.183
410	4045	KEWING 柯穎 13. 天水圍官立中學	18:23.960	59:41.327
411	3004	CHAN Ching Pong 1. Amway	24:48.870	59:42.907
412	7003	CHAN Wing Tze 1. Amway	24:50.680	59:47.817
413	4011	Lai Hiu Tung 黎曉彤 10. 聖安當女書院	17:49.010	1:00:26.030
414	4016	Lui Wai Nam 呂慧楠 10. 聖安當女書院	17:53.597	1:00:28.037
415	4075	Liu Man Tsoi 廖雯采 7. 樂善堂楊葛小琳中學	18:16.710	1:00:55.270
416	4082	Zhang Zi han 張子涵 7. 樂善堂楊葛小琳中學	18:15.557	1:00:55.763



# Green & Organic Health Run 綠色有機健康跑

## 5km成績

Cat Pos	Bib	Name	Turning Point	Total time
417	4074	Leung Yi Man 梁懿汶 7. 樂善堂楊葛小琳中學	18:15.850	1:00:57.253
418	4031	鍾尚熹 10. 聖安當女書院	15:22.357	1:01:24.930
419	4036	馮曉桐 10. 聖安當女書院	16:15.887	1:01:25.160
420	4035	伍康如 10. 聖安當女書院	16:16.933	1:01:26.127
421	4008	Cao Tsz Ling 曹子凌 10. 聖安當女書院	18:18.157	1:03:36.663
422	4028	蕭穎欣 10. 聖安當女書院	18:15.650	1:03:36.947