

Green & Organic Health Run 綠色有機健康跑

5km成績

Cat Pos	Bib	Name	Turning Point	Total time
<u>F15-19</u>				
1	4047	QIU ON NI 邱安妮 14. 漢華中學	8:21.863	26:06.153
2	4083	黎芷凝 9. 慕光英文書院	8:09.857	30:35.597
3	4069	Yeung Kan Yi 楊謹爾 4. 五邑司徒浩中學	8:59.030	32:03.923
<u>F20-29</u>				
1	5025	LAM Cho Yu 1. Amway	7:10.253	21:18.290
2	5002	CHAN Ho Tsun 1. Amway	7:25.440	22:23.367
3	5018	CHONG Man Hei 1. Amway	8:35.940	25:27.850
<u>F30-39</u>				
1	6015	LUI Wai Man 1. Amway	6:55.113	20:32.577
2	6024	Chung Uen chun 鍾宛真 12. 天水圍循道衛理中學	7:50.447	25:36.527
3	6019	TSANG Wai Sze 1. Amway	8:40.677	29:18.397
<u>F40+</u>				
1	7027	LEE Ming Yin 1. Amway	7:22.343	24:32.747
2	7056	XUE Caimei 1. Amway	10:03.890	28:54.663
3	7044	TING Yin Ling 1. Amway	9:04.263	29:10.937

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1	52	Yau Hin Lun 邱顯倫 17. 香港都會大學	6:01.550	18:20.530
2	61	Zhang Lihui 張立輝 18. 潮州會館中學	6:00.610	19:18.000
3	3	CHAN Cheuk Hang 1. Amway	6:00.547	19:52.500
<u>M20-29</u>				
1	1057	TSANG Fuk Cheung 1. Amway	5:42.037	17:31.110
2	1045	PUN Yi Tik 1. Amway	6:00.297	18:19.277
3	1013	CHOY Hok Chee 1. Amway	6:11.610	19:57.947
<u>M30-39</u>				
1	2016	MOK Wai Hung 1. Amway	5:42.793	18:19.070
2	2009	HO Timothy 1. Amway	6:06.790	18:23.000
3	2008	HO Samuel 1. Amway	6:08.543	19:26.200
<u>M40+</u>				
1	3071	林恆卓 9. 慕光英文書院	6:37.353	20:24.843
2	3041	LI Ken 1. Amway	6:46.610	20:40.757
3	3015	CHEW Angus 1. Amway	6:36.297	20:46.597