

features RUNNING CHALLENGE

活動規則及注意事項：

1. 參加者須依照指示一次過完成活動，參與次數不限，但只可上載紀錄一次，主辦單位理解不同手錶及手機所記錄的路線及距離有所差異，在核實成績將有一定程度的彈性處理。
2. 路線沿途不設補給站。建議參加者帶備不少於 2000ml 飲料及適量食物補充，或安排支援，是次活動准許其他人沿途進行支援。請帶備身份證、少量現金(\$200)、八達通及設本地通訊的手提電話。
3. 進入私人屋村時請儘量保持安靜，避免喧嘩或影響當地居民。
4. 參加者留意限聚令，請保持社交距離，請在運動時仍然需要戴口罩的。
5. 參加者橫過馬路時必須遵守交通指示及留意路面情況，務必注意安全。
6. 參加者如遇惡劣天氣及身體如有不適，請立即停止活動。
7. 大會建議參加者自行購買個人意外保險，大會對參加者安全一概不負責任。
8. 大會保留對所有參加者資格、修改及解釋以上規則的權利的最終決定權。
9. 所有報名不設退款及不設轉讓。
10. 16 歲以下參賽者需家長同意方可參加，並於活動當日必須有教練陪同下參與

Terms & Conditions

1. Participants are required to complete the event in one go. While participants can have more than one attempts, the result and record upload can only be made once. The Organizer understands the variations may arise from routes and distances recorded by different watches and mobile phones, hence organizer reserves the room to verify the results with flexibility.
2. There are no aid stations along the route. Participants are recommended to bring no less than 2000ml of drinks and appropriate amount of food supplements, or to arrange support if needed, as we allow third parties to support along the way of your challenge. Please bring your ID card, a small amount of cash (\$200), OCTOPUS and a mobile phone with local network.
3. Please keep quiet when entering or passing through the private village, avoid the disturbance or disruption to the residents.
4. Participants should be aware of social distancing restrictions. Please keep social distance even exercising. Please wear your mask when exercising.
5. Participants must follow traffic instructions and pay attention to road conditions when crossing the road, safety comes first.
6. Please stop any activities immediately in case of bad weather and physical discomfort.

7. The organizer recommends all participants should purchase their own personal accidental insurance. We are not responsible for the safety of participants.
8. The organizer reserves the final right to determine on participants' qualifications, and the modifications and interpretation on event rules or terms and conditions.
9. All registrations are non-refundable and non-transferable.
10. Participants under the age of 16 need parental consent to participate the event, and must be accompanied by a coach on the day of the event.