

Soonnet Run 2019 - #ReasonstoRun

Event	English Name	Chinese Name	Race No	Gender	Age category
10km	Chan Ho Tim	陳浩添	A1001	Male	Male Junior (16-29)
10km	Wong Chun Hin		A1002	Male	Male Junior (16-29)
10km	Tsang Hin Ming Samuel	曾憲明	A1003	Male	Male Junior (16-29)
10km	Chan Ting Long Marco	陳霆朗	A1004	Male	Male Junior (16-29)
10km	Yeung Ka Fai	楊嘉輝	A1005	Male	Male Junior (16-29)
10km	Lau Chak Hung	劉澤鴻	A1006	Male	Male Junior (16-29)
10km	Chau Chin Cheung	周展翔	A1007	Male	Male Junior (16-29)
10km	Wu Tak Wang Alexander		A1008	Male	Male Junior (16-29)
10km	OU JIANBIN	歐健斌	A1009	Male	Male Junior (16-29)
10km	Tse Kai Lung	謝啟隆	A1010	Male	Male Junior (16-29)
10km	Mak Siu Lun	麥肇麟	A1011	Male	Male Junior (16-29)
10km	Chan Wai Yip	陳偉業	A1012	Male	Male Junior (16-29)
10km	Arnold Chin		A1013	Male	Male Junior (16-29)
10km	Chow Pak Kin		A1014	Male	Male Junior (16-29)
10km	WONG Lung Tak	王龍德	A1015	Male	Male Junior (16-29)
10km	Chan Sing Yeung	陳勝陽	A1016	Male	Male Junior (16-29)
10km	Wong Chung Lap	黃中立	A1017	Male	Male Junior (16-29)
10km	Chan Kay Heng	陳其亨	A1018	Male	Male Junior (16-29)
10km	TUNG WING FAAT		A1019	Male	Male Junior (16-29)
10km	Chang Yi Zhi	張溢智	A1020	Male	Male Junior (16-29)
10km	Li Chun Chung	李振中	A1021	Male	Male Junior (16-29)
10km	Li Tsz Shing	李梓誠	A1022	Male	Male Junior (16-29)
10km	Ma Wai Ho	馬偉豪	A1023	Male	Male Junior (16-29)
10km	Fung King Yin	馮敬彥	A1024	Male	Male Junior (16-29)
10km	Yeung Ka Kit	楊家傑	A1025	Male	Male Junior (16-29)
10km	Lam Lok Hung	林樂鴻	A1026	Male	Male Junior (16-29)
10km	WONG HO SUM		A1027	Male	Male Junior (16-29)
10km	Lai Hon Wa		A1028	Male	Male Junior (16-29)
10km	Cheung Ka Ming	張家銘	A1029	Male	Male Junior (16-29)
10km	WONG CHUN HO	黃俊豪	A1030	Male	Male Junior (16-29)
10km	Ching Chi Hin Ernest	程智軒	A1031	Male	Male Junior (16-29)
10km	Lui Pak Kiu Michael	呂柏橋	A1032	Male	Male Junior (16-29)
10km	Chan Tsz Ho		A1033	Male	Male Junior (16-29)
10km	Lam Tai Wai		A1034	Male	Male Junior (16-29)
10km	WONG KA WAI		A1035	Male	Male Junior (16-29)
10km	LUI SIK FAI		A1036	Male	Male Junior (16-29)
10km	Shuen Chun Kit		A1037	Male	Male Junior (16-29)
10km	Li Kim Hung	李劍鴻	A1038	Male	Male Junior (16-29)
10km	YIP TSZ HO	葉梓灝	A1039	Male	Male Junior (16-29)
10km	Kenneth Cheung	張健驄	A1040	Male	Male Junior (16-29)
10km	HO Sai Chiu	何西潮	A1041	Male	Male Junior (16-29)
10km	Wong wai Chung Nestor		A1042	Male	Male Junior (16-29)
10km	Chun Yuen Choi	蔡俊源	A1043	Male	Male Junior (16-29)
10km	CHOW CHI CHUN		A1044	Male	Male Junior (16-29)
10km	Wong Kwun chiu	黃冠超	A1045	Male	Male Junior (16-29)
10km	Yu Chuangye	余創業	A1046	Male	Male Junior (16-29)
10km	Siu Chun San	蕭俊榮	A1047	Male	Male Junior (16-29)
10km	WONG CHEUK HANG HENRY	黃卓行	A1048	Male	Male Junior (16-29)
10km	LEUNG YEE NANG	梁依能	A1049	Male	Male Junior (16-29)
10km	Wong Chun Wai		A1050	Male	Male Junior (16-29)
10km	Chau Ka Wing	鄒家榮	A1051	Male	Male Junior (16-29)

10km	Li Wai Kwong	李偉光	A1052	Male	Male Junior (16-29)
10km	CHAN WING	陳永	A1053	Male	Male Junior (16-29)
10km	Wong Chak Shing	黃澤盛	A1054	Male	Male Junior (16-29)
10km	Cheung Ho Hin	張灝軒	A1055	Male	Male Junior (16-29)
10km	To Man Hong	杜文康	A1056	Male	Male Junior (16-29)
10km	Lee Cheuk Him		A1057	Male	Male Junior (16-29)
10km	WOO HON KEI		A1058	Male	Male Junior (16-29)
10km	Chong Fu Wa	莊富華	A1059	Male	Male Junior (16-29)
10km	Yeung yiu sing	楊耀聲	A1060	Male	Male Junior (16-29)
10km	Chan Yat Pan	陳逸彬	A1061	Male	Male Junior (16-29)
10km	Li Chun Kai	李俊佳	A1062	Male	Male Junior (16-29)
10km	KK LAW		A1063	Male	Male Junior (16-29)
10km	TANG MAN HO	鄧文灝	A1064	Male	Male Junior (16-29)
10km	LAU CHIU YIN	劉超賢	A1065	Male	Male Junior (16-29)
10km	CHOI PUI SING	蔡佩昇	A1066	Male	Male Junior (16-29)
10km	Fung Chun Ho		A1067	Male	Male Junior (16-29)
10km	Chung ka hin		A1068	Male	Male Junior (16-29)
10km	Wong Kwun Hung Stephen	王冠雄	A1069	Male	Male Junior (16-29)
10km	Lo Wing Yee		A1070	Male	Male Junior (16-29)
10km	Cheung Chun Yu		A1071	Male	Male Junior (16-29)
10km	TAM CHUN MAN		A1072	Male	Male Junior (16-29)
10km	Chan Man Hin	陳文軒	A1073	Male	Male Junior (16-29)
10km	Lau Chi Cheong	劉智昌	A1074	Male	Male Junior (16-29)
10km	Yu Man Chung	余敏聰	A1075	Male	Male Junior (16-29)
10km	Ho Tsz Hei	何梓羲	A1076	Male	Male Junior (16-29)
10km	Chen Chun Hin	陳駿軒	A1077	Male	Male Junior (16-29)
10km	Leung siu ting	梁紹庭	A1078	Male	Male Junior (16-29)
10km	NGAN LIT FUNG	顏烈封	A1079	Male	Male Junior (16-29)
10km	SO SIM YAN	蘇蟬恩	A1080	Female	Female Junior (16-29)
10km	Kwok Chi Keung		A1081	Male	Male Junior (16-29)
10km	Chun Tsz Long	秦子朗	A1082	Male	Male Junior (16-29)
10km	Yeung Ying Kit	楊英傑	A1083	Male	Male Junior (16-29)
10km	WONG KA KIT	黃家傑	A1084	Male	Male Junior (16-29)
10km	Huang Yanbing		A1085	Male	Male Junior (16-29)
10km	Tso Tsun Ming	曹峻銘	A1086	Male	Male Junior (16-29)
10km	FONG KA KI BRAD		A1087	Male	Male Junior (16-29)
10km	Lam Wing Ho	林穎濠	A1088	Male	Male Junior (16-29)
10km	Chan Chi Yeung	陳智洋	A1089	Male	Male Junior (16-29)
10km	ChanHoiTo	陳凱濤	A1090	Male	Male Junior (16-29)
10km	HO Yik Kan	何翊勤	A1091	Male	Male Junior (16-29)
10km	Ng Errol Noah	吳子樂	A1092	Male	Male Junior (16-29)
10km	Ho Ka Yu	何家裕	A1093	Male	Male Junior (16-29)
10km	CHOI HOK KAN	蔡學勤	A1094	Male	Male Junior (16-29)
10km	Chan Yu On	陳儒安	A1095	Male	Male Junior (16-29)
10km	LI KIT SAN	李傑新	A1096	Male	Male Junior (16-29)
10km	Chan kwok wai	陳國威	A1097	Male	Male Junior (16-29)
10km	Ko Chun Man	高俊文	A1098	Male	Male Junior (16-29)
10km	Lin Ka Hin Cyrus	連嘉敏	A1099	Male	Male Junior (16-29)
10km	Tsoi Sun Hoi	蔡新海	A1100	Male	Male Junior (16-29)
10km	Lau Tak Chun	劉德進	A1101	Male	Male Junior (16-29)
10km	Yau Pak Chuen Patrick		A1102	Male	Male Junior (16-29)
10km	Lee Yin Han	李燕嫻	A2001	Female	Female Junior (16-29)
10km	Chan hiu kwan	陳曉君	A2002	Female	Female Junior (16-29)

10km	IP KA WAI	葉嘉慧	A2003	Female	Female Junior (16-29)
10km	Wong Ho Yee	黃皓綺	A2004	Female	Female Junior (16-29)
10km	YEUNG MAN YUET		A2005	Female	Female Junior (16-29)
10km	Yu Hoi Shan	余海珊	A2006	Female	Female Junior (16-29)
10km	Yan Shuk Mei	甄淑媚	A2007	Female	Female Junior (16-29)
10km	SUN BIYANG	孫碧洋	A2008	Female	Female Junior (16-29)
10km	Irene Lee		A2009	Female	Female Junior (16-29)
10km	WONG YUEN HEI		A2010	Female	Female Junior (16-29)
10km	Cheung Suet Ying		A2011	Female	Female Junior (16-29)
10km	Yan Yan Ching	甄欣貞	A2012	Female	Female Junior (16-29)
10km	Cheung Lok Ying	張樂迎	A2013	Female	Female Junior (16-29)
10km	Katrina Lam	林嘉英	A2014	Female	Female Junior (16-29)
10km	Tang yuen fan	鄧婉芬	A2015	Female	Female Junior (16-29)
10km	LO Wing Yan	羅詠恩	A2016	Female	Female Junior (16-29)
10km	Chong Hiu	莊曉	A2017	Female	Female Junior (16-29)
10km	Larissa Law	羅樂怡	A2018	Female	Female Junior (16-29)
10km	AU HOI YEE	歐凱儀	A2019	Female	Female Junior (16-29)
10km	Lee Sin Yi	李善怡	A2020	Female	Female Junior (16-29)
10km	Ng Chung In	伍頌妍	A2021	Female	Female Junior (16-29)
10km	Law Fong Hei	羅方希	A2022	Female	Female Junior (16-29)
10km	tsang tsz man hilda	曾芷敏	A2023	Female	Female Junior (16-29)
10km	Kwok Kit Ling	郭杰玲	A2024	Female	Female Junior (16-29)
10km	Lui Cheuk Yin Heidi	呂焯然	A2025	Female	Female Junior (16-29)
10km	Tse Mung Fei	謝夢妃	A2026	Female	Female Junior (16-29)
10km	Wong Loi Yan	黃萊茵	A2027	Female	Female Junior (16-29)
10km	Chung Wing Tung		A2028	Female	Female Junior (16-29)
10km	Chung Nga Mun Samantha		A2029	Female	Female Junior (16-29)
10km	YUNG SO WAI		A2030	Female	Female Junior (16-29)
10km	CHUI YIK NING	崔亦寧	A2031	Female	Female Junior (16-29)
10km	TO Pui Shan Sandy	杜珮珊	A2032	Female	Female Junior (16-29)
10km	NGAN YU SHAN SHARON	顏如珊	A2033	Female	Female Junior (16-29)
10km	Tang Yuen Ching	鄧苑晴	A2034	Female	Female Junior (16-29)
10km	Ho Ka Po	何家寶	A2035	Female	Female Junior (16-29)
10km	Chu Suk Fan Jessica		A2036	Female	Female Junior (16-29)
10km	Wan Yuen Lai Stephanie		A2037	Female	Female Junior (16-29)
10km	LO TSZ YING	盧紫瑩	A2038	Female	Female Junior (16-29)
10km	Yeung Ching Kiu		A2039	Female	Female Junior (16-29)
10km	Wong Mei yan	黃美欣	A2040	Female	Female Junior (16-29)
10km	HO CHUNG YI		A2041	Female	Female Junior (16-29)
10km	YAU YUK FONG		A2042	Female	Female Junior (16-29)
10km	Cheng Man Wa Manna	鄭蔓樺	A2043	Female	Female Junior (16-29)
10km	CHAN YING LIN	陳映蓮	A2044	Female	Female Junior (16-29)
10km	Elsie Chan		A2045	Female	Female Junior (16-29)
10km	Yu Ka Po	Yu	A2046	Female	Female Junior (16-29)
10km	Wong Wai Yin Rhea	黃慧妍	A2047	Female	Female Junior (16-29)
10km	Man Chui Ying	文翠瑩	A2048	Female	Female Junior (16-29)
10km	Ng Chui Yin	吳翠妍	A2049	Female	Female Junior (16-29)
10km	WONG YEE MAN		A2050	Female	Female Junior (16-29)
10km	Poon Wai Yin	潘蔚妍	A2051	Female	Female Junior (16-29)
10km	Lo Ching Lam	盧靜藍	A2052	Female	Female Junior (16-29)
10km	CHAN HOI TING	陳凱婷	A2053	Female	Female Junior (16-29)
10km	Lok Tung Tiffany		A2054	Female	Female Junior (16-29)
10km	FUNG KA YING	馮嘉盈	A2055	Female	Female Junior (16-29)

10km	Jessica Yung		A2056	Female	Female Junior (16-29)
10km	Tsui Tsz Ching	徐子晴	A2057	Female	Female Junior (16-29)
10km	Karina Lee Yat Lam	李逸嵐	A2058	Female	Female Junior (16-29)
10km	Chu Ka Lam	朱加藍	A2059	Female	Female Junior (16-29)
10km	Cheung Hoi Yan	張凱欣	A2060	Female	Female Junior (16-29)
10km	Wong Yuen Sim	黃婉嬋	A2061	Female	Female Junior (16-29)
10km	Cheng Zi Yun	鄭紫允	A2062	Female	Female Junior (16-29)
10km	Li Ka Wing	李珈穎	A2063	Female	Female Junior (16-29)
10km	KWOK Yee Man Losca		A2064	Female	Female Junior (16-29)
10km	Wong Hoi Ling	黃愷玲	A2065	Female	Female Junior (16-29)
10km	Yumi Lam	林樂寶	A2066	Female	Female Junior (16-29)
10km	Lau Ka Wing	劉嘉詠	A2067	Female	Female Junior (16-29)
10km	Tang Yin Yee	鄧燕怡	A2068	Female	Female Junior (16-29)
10km	Chu Wing Ting Jojo		A2069	Female	Female Junior (16-29)
10km	Sung Yuen Lam	宋婉琳	A2070	Female	Female Junior (16-29)
10km	Tsui Wing Yee	徐詠儀	A2071	Female	Female Junior (16-29)
10km	Kwan Hiu Yan	關曉欣	A2072	Female	Female Junior (16-29)
10km	Ng Wing chi	吳穎芝	A2073	Female	Female Junior (16-29)
10km	Ho Hiu Tung Eugenie	何曉彤	A2074	Female	Female Junior (16-29)
10km	Lau Pui Yan		A2075	Female	Female Junior (16-29)
10km	FUNG HEI YU		A2076	Female	Female Junior (16-29)
10km	Shek Hei Yan		A2077	Female	Female Junior (16-29)
10km	Li Yuen Wa		A2078	Female	Female Junior (16-29)
10km	Leung Wing Shan		A2079	Female	Female Junior (16-29)
10km	CHAN YU SZE	陳裕詩	A2080	Female	Female Junior (16-29)
10km	Cheung Kin Yi	張健怡	A2081	Female	Female Junior (16-29)
10km	Yim Sau Fong		A2082	Female	Female Junior (16-29)
10km	TSE WAI LING	謝惠玲	A2083	Female	Female Junior (16-29)
10km	Yeung Yee Ki		A2084	Female	Female Junior (16-29)
10km	Tai Ching	戴晴	A2085	Female	Female Junior (16-29)
10km	Tsang Mei Yi	曾美怡	A2086	Female	Female Junior (16-29)
10km	Fung Ching Yee	馮靜儀	A2087	Female	Female Junior (16-29)
10km	Ng Sin Yu	吳倩如	A2088	Female	Female Junior (16-29)
10km	Erica lee	李德嘉	A2089	Female	Female Junior (16-29)
10km	TSANG SAU SHING		A2090	Female	Female Junior (16-29)
10km	Hon Yee Han	韓綺嫻	A2091	Female	Female Junior (16-29)
10km	Cheung hoi ching	張凱晴	A2092	Female	Female Junior (16-29)
10km	Ma ka lam	馬嘉琳	A2093	Female	Female Junior (16-29)
10km	Cheng Tsz Ching	鄭芷青	A2094	Female	Female Junior (16-29)
10km	Susan Yip		A2095	Female	Female Junior (16-29)
10km	So Sin Tung	蘇倩彤	A2096	Female	Female Junior (16-29)
10km	Yiu Yuk Lan Landis	姚玉蘭	A2097	Female	Female Junior (16-29)
10km	Anjali tamamg		A2098	Female	Female Junior (16-29)
10km	Sara Lo		A2099	Female	Female Junior (16-29)
10km	Tse Yi Man	謝懿雯	A2100	Female	Female Junior (16-29)
10km	Choy Yun Kiu Christy	蔡潤喬	A2101	Female	Female Junior (16-29)
10km	Ho Lok Ki	何樂琪	A2102	Female	Female Junior (16-29)
10km	Mak Tung Yi	麥冬怡	A2103	Female	Female Junior (16-29)
10km	Siu Shuk Fong	蕭淑芳	A2104	Female	Female Junior (16-29)
10km	LAM SZE OI		A2105	Female	Female Junior (16-29)
10km	Li Wan Ki	李韻淇	A2106	Female	Female Junior (16-29)
10km	Kwok Foon Yiu	郭歡瑤	A2107	Female	Female Junior (16-29)
10km	MAK YAN TING	麥欣婷	A2108	Female	Female Junior (16-29)

10km	HE Yu Juan	何玉娟	A2109	Female	Female Junior (16-29)
10km	MA XIAOKE	馬小可	A2110	Female	Female Junior (16-29)
10km	Chung Wi Sinn Pinky	鍾慧禧	A2111	Female	Female Junior (16-29)
10km	Wong Ming Yan Cannis	黃銘恩	A2112	Female	Female Junior (16-29)
10km	Wong Lai Yin		A2113	Female	Female Junior (16-29)
10km	Cheng Ho Ming		A3001	Male	Male Senior (30-44)
10km	Man Wing Hong	文永康	A3002	Male	Male Senior (30-44)
10km	Chan King Ip	陳敬業	A3003	Male	Male Senior (30-44)
10km	FUNG KWAI FAAT	馮貴發	A3004	Male	Male Senior (30-44)
10km	Wayne Law		A3005	Male	Male Senior (30-44)
10km	Shum Wing Lun	沈永倫	A3006	Male	Male Senior (30-44)
10km	Li Man Chun	李文俊	A3007	Male	Male Senior (30-44)
10km	Eddy So		A3008	Male	Male Senior (30-44)
10km	Simon J		A3009	Male	Male Senior (30-44)
10km	Derek Seto		A3010	Male	Male Senior (30-44)
10km	Paul Leung		A3011	Male	Male Senior (30-44)
10km	MAK SHING HUNG		A3012	Male	Male Senior (30-44)
10km	Cheung Chee Kit	張子傑	A3013	Male	Male Senior (30-44)
10km	Leung Pak Ping	梁栢平	A3014	Male	Male Senior (30-44)
10km	LAU YIK CHUEN	劉亦泉	A3015	Male	Male Senior (30-44)
10km	Eddy Wong	黃家禮	A3016	Male	Male Senior (30-44)
10km	Ling Kwan Shing	凌坤成	A3017	Male	Male Senior (30-44)
10km	CHAK KA CHUN ERIC	翟家駿	A3018	Male	Male Senior (30-44)
10km	Cheung Fai	張飛	A3019	Male	Male Senior (30-44)
10km	Chan tsz lun	陳子麟	A3020	Male	Male Senior (30-44)
10km	Chris Lee		A3021	Male	Male Senior (30-44)
10km	Tse Wan Kin	謝允健	A3022	Male	Male Senior (30-44)
10km	Cheng Yuk Man Sunny	鄭毓文	A3023	Male	Male Senior (30-44)
10km	Alan Chung	鍾孝倫	A3024	Male	Male Senior (30-44)
10km	WONG CHI KWAN	黃智坤	A3025	Male	Male Senior (30-44)
10km	Pak Tsz Chung	白梓聰	A3026	Male	Male Senior (30-44)
10km	Lee Wing Hong		A3027	Male	Male Senior (30-44)
10km	Wong Yan Kin		A3028	Male	Male Senior (30-44)
10km	Poon Chung On	潘仲安	A3029	Male	Male Senior (30-44)
10km	So O Chun		A3030	Male	Male Senior (30-44)
10km	FUNG HON KIT	馮漢傑	A3031	Male	Male Senior (30-44)
10km	Lau Ka Ming Jeff	劉家明	A3032	Male	Male Senior (30-44)
10km	Cheung Kim Fai	張劍輝	A3033	Male	Male Senior (30-44)
10km	Chun Wing Hang		A3034	Male	Male Senior (30-44)
10km	LAW KA LUNG	羅嘉龍	A3035	Male	Male Senior (30-44)
10km	Chau hon man	周岸文	A3036	Male	Male Senior (30-44)
10km	Wong Po Ting	黃保庭	A3037	Male	Male Senior (30-44)
10km	Kevin Yip	葉偉康	A3038	Male	Male Senior (30-44)
10km	Justin		A3039	Male	Male Senior (30-44)
10km	CHING KAR HEY	程嘉熙	A3040	Male	Male Senior (30-44)
10km	Germanhim		A3041	Male	Male Senior (30-44)
10km	SO WING YUI	蘇永銳	A3042	Male	Male Senior (30-44)
10km	Tsang Yiu Fung	曾耀峯	A3043	Male	Male Senior (30-44)
10km	Lau Yiu Chung	劉耀聰	A3044	Male	Male Senior (30-44)
10km	Ivan wong		A3045	Male	Male Senior (30-44)
10km	Roy Lau		A3046	Male	Male Senior (30-44)
10km	Wong Wai Keung	黃偉強	A3047	Male	Male Senior (30-44)
10km	LAM CHI MING	林志明	A3048	Male	Male Senior (30-44)

10km	RAMESH MAHBOOBANI	馬志偉	A3049	Male	Male Senior (30-44)
10km	Lee Koon Wing	李冠榮	A3050	Male	Male Senior (30-44)
10km	SIT SUI MING	薛穗明	A3051	Male	Male Senior (30-44)
10km	Kwan Ka Ho	關家豪	A3052	Male	Male Senior (30-44)
10km	Callous Chu	朱志新	A3053	Male	Male Senior (30-44)
10km	Cheung Chun Mo		A3054	Male	Male Senior (30-44)
10km	Chan Hiu Ming	陳曉明	A3055	Male	Male Senior (30-44)
10km	Yap Yee Ting	葉怡廷	A3056	Male	Male Senior (30-44)
10km	WONG POK NANG	王博能	A3057	Male	Male Senior (30-44)
10km	Hehehaha		A3058	Male	Male Senior (30-44)
10km	HUNG Yick Yan		A3059	Male	Male Senior (30-44)
10km	Lui Hoi Wah		A3060	Male	Male Senior (30-44)
10km	Vincent Li	李凱傑	A3061	Male	Male Senior (30-44)
10km	SY Wai Kit		A3062	Male	Male Senior (30-44)
10km	Lo	盧俊毅	A3063	Male	Male Senior (30-44)
10km	Lai chiu kei	黎潮機	A3064	Male	Male Senior (30-44)
10km	Chan Ping Leong	陳秉量	A3065	Male	Male Senior (30-44)
10km	Tse Chun Hung	謝振雄	A3066	Male	Male Senior (30-44)
10km	Hung yiu hong		A3067	Male	Male Senior (30-44)
10km	Lin Tsz Kin	練子健	A3068	Male	Male Senior (30-44)
10km	Au Chin Chi	區展智	A3069	Male	Male Senior (30-44)
10km	CHAN YU HUNG	陳宇鴻	A3070	Male	Male Senior (30-44)
10km	Li Man Ho	李文浩	A3071	Male	Male Senior (30-44)
10km	Leung Lick Man Raymond	梁力文	A3072	Male	Male Senior (30-44)
10km	Chan Wai Kit	陳煒傑	A3073	Male	Male Senior (30-44)
10km	YIU CHEUK MAN	姚卓文	A3074	Male	Male Senior (30-44)
10km	Sham Kwan Kit	沈鈞傑	A3075	Male	Male Senior (30-44)
10km	Leung Chun Kwan		A3076	Male	Male Senior (30-44)
10km	J HO MAC		A3077	Male	Male Senior (30-44)
10km	Wong wai kwan	黃偉均	A3078	Male	Male Senior (30-44)
10km	Choy Chi Kong		A3079	Male	Male Senior (30-44)
10km	LAU YU KWONG	劉裕光	A3080	Male	Male Senior (30-44)
10km	Leung Yau Chi	梁有志	A3081	Male	Male Senior (30-44)
10km	KEN NGAI		A3082	Male	Male Senior (30-44)
10km	Chan Kin Pong	陳健邦	A3083	Male	Male Senior (30-44)
10km	Chan Kin Ho	陳健豪	A3084	Male	Male Senior (30-44)
10km	Ho Sio Kai	何兆佳	A3085	Male	Male Senior (30-44)
10km	WONG TAK KIN	黃德健	A3086	Male	Male Senior (30-44)
10km	TO KA WING	杜家榮	A3087	Male	Male Senior (30-44)
10km	TSUI KIT SANG	徐傑生	A3088	Male	Male Senior (30-44)
10km	WONG CHUN KWOK	黃鎮珪	A3089	Male	Male Senior (30-44)
10km	LEE KAI CHI	李啟智	A3090	Male	Male Senior (30-44)
10km	Hing Fong	Wong	A3091	Male	Male Senior (30-44)
10km	Yau Chun Ho Nicol	邱俊豪	A3092	Male	Male Senior (30-44)
10km	Wong cheukyiu		A3093	Male	Male Senior (30-44)
10km	Jason CHEUNG	張榮昇	A3094	Male	Male Senior (30-44)
10km	Marcus Regan	Marcus Regan	A3095	Male	Male Senior (30-44)
10km	Yam Wing Ming	任永銘	A3096	Male	Male Senior (30-44)
10km	Yip Ka Yeung	葉嘉揚	A3097	Male	Male Senior (30-44)
10km	Alex Lam	林逸球	A3098	Male	Male Senior (30-44)
10km	Kelvin Chung Hing Shing	宗興勝	A3099	Male	Male Senior (30-44)
10km	CHUI WAI KEI	崔偉基	A3100	Male	Male Senior (30-44)
10km	NG SIU MING CHRISTOPHER	吳兆銘	A3101	Male	Male Senior (30-44)

10km	YEUNG KING SHING	楊景成	A3102	Male	Male Senior (30-44)
10km	Liu Wun Tsun	廖煥浚	A3103	Male	Male Senior (30-44)
10km	KWONG CHIN PANG	鄺展鵬	A3104	Male	Male Senior (30-44)
10km	Leung Hoi Lap	梁凱立	A3105	Male	Male Senior (30-44)
10km	Pang Chi HungPaco	彭智雄	A3106	Male	Male Senior (30-44)
10km	NG KA LONG KING	吳嘉朗	A3107	Male	Male Senior (30-44)
10km	LAI Sing fung Sunny	黎成丰	A3108	Male	Male Senior (30-44)
10km	Cheung Chi lung	張子龍	A3109	Male	Male Senior (30-44)
10km	Louis Chiu		A3110	Male	Male Senior (30-44)
10km	hung chun wang		A3111	Male	Male Senior (30-44)
10km	Wu Ka Hin	胡家憲	A3112	Male	Male Senior (30-44)
10km	leung wing kin	梁永健	A3113	Male	Male Senior (30-44)
10km	Eric wan	尹靈超	A3114	Male	Male Senior (30-44)
10km	Chung man hong	鍾文康	A3115	Male	Male Senior (30-44)
10km	SIU WAI CHEONG	蕭煒昌	A3116	Male	Male Senior (30-44)
10km	Leung Sui Ching		A3117	Male	Male Senior (30-44)
10km	Lau Chung Ho	劉忠浩	A3118	Male	Male Senior (30-44)
10km	Adam Chan		A3119	Male	Male Senior (30-44)
10km	HO MAN HONG	何文康	A3120	Male	Male Senior (30-44)
10km	Omar Siu		A3121	Male	Male Senior (30-44)
10km	cheng kin lun	鄭健倫	A3122	Male	Male Senior (30-44)
10km	NG KA CHUEN		A3123	Male	Male Senior (30-44)
10km	Wong Chun Wai	王俊偉	A3124	Male	Male Senior (30-44)
10km	HUNG KA LOK	熊家樂	A3125	Male	Male Senior (30-44)
10km	Woo Kin Ming		A3126	Male	Male Senior (30-44)
10km	Lo Ka Kin	盧嘉鍵	A3127	Male	Male Senior (30-44)
10km	LUI SIK KWONG	呂錫光	A3128	Male	Male Senior (30-44)
10km	LEUNG MING LOK	梁銘樂	A3129	Male	Male Senior (30-44)
10km	Chan Wing Lee		A3130	Male	Male Senior (30-44)
10km	Ken Siu		A3131	Male	Male Senior (30-44)
10km	So Wai Kit		A3132	Male	Male Senior (30-44)
10km	chan wai ho		A3133	Male	Male Senior (30-44)
10km	Yim Wai Lun	嚴偉倫	A3134	Male	Male Senior (30-44)
10km	Lau Kwok Leung	劉國樑	A3135	Male	Male Senior (30-44)
10km	Chan Chi Lok	陳智樂	A3136	Male	Male Senior (30-44)
10km	Lam Sai Fung Eddie	林世鋒	A3137	Male	Male Senior (30-44)
10km	Brendan Kean		A3138	Male	Male Senior (30-44)
10km	Chan Wai Leung	陳偉良	A3139	Male	Male Senior (30-44)
10km	Po Wan Lam Vernon	布允霖	A3140	Male	Male Senior (30-44)
10km	Andy Fang	范灝文	A3141	Male	Male Senior (30-44)
10km	Chang Wai Kwai	張慧貴	A3142	Male	Male Senior (30-44)
10km	HO CHI KEUNG	何志强	A3143	Male	Male Senior (30-44)
10km	LI KWOK KUI JACKY	LI KWOK	A3144	Male	Male Senior (30-44)
10km	So Ka Lok	蘇家樂	A3145	Male	Male Senior (30-44)
10km	LEUNG Tin Chak Gilbert	梁天澤	A3146	Male	Male Senior (30-44)
10km	Kong Chun Lung		A3147	Male	Male Senior (30-44)
10km	SZE LU	施路	A3148	Male	Male Senior (30-44)
10km	CHOY KA CHUN	蔡家晉	A3149	Male	Male Senior (30-44)
10km	CHAN CHUNG TO	陳松濤	A3150	Male	Male Senior (30-44)
10km	To Yeuk Lun	陶若麟	A3151	Male	Male Senior (30-44)
10km	Alan CHU		A3152	Male	Male Senior (30-44)
10km	NG LOK HEI	伍樂熹	A3153	Male	Male Senior (30-44)
10km	Chan King Tai Alexander	陳景泰	A3154	Male	Male Senior (30-44)

10km	WONG MING HONG	黃銘康	A3155	Male	Male Senior (30-44)
10km	Lau Hung Wai	劉鴻緯	A3156	Male	Male Senior (30-44)
10km	Leungchunkit	梁俊傑	A3157	Male	Male Senior (30-44)
10km	Tang Hong Pak		A3158	Male	Male Senior (30-44)
10km	Ho Chun Ho Ivan	何雋皓	A3159	Male	Male Senior (30-44)
10km	CHOI YU TUNG	蔡汝彤	A3160	Male	Male Senior (30-44)
10km	AU YEUNG WING HANG	歐陽永鏗	A3161	Male	Male Senior (30-44)
10km	Lam Sai Kit	林世傑	A3162	Male	Male Senior (30-44)
10km	LEE MAN KWONG		A3163	Male	Male Senior (30-44)
10km	Wong Man Chun	王文俊	A3164	Male	Male Senior (30-44)
10km	Cheung Lok	張樂	A3165	Male	Male Senior (30-44)
10km	LUN KA WING	倫嘉榮	A3166	Male	Male Senior (30-44)
10km	Andrew Poon		A3167	Male	Male Senior (30-44)
10km	Ronny Chan		A3168	Male	Male Senior (30-44)
10km	CHAN HIU PAN	陳曉斌	A3169	Male	Male Senior (30-44)
10km	George Vong	黃華卓	A3170	Male	Male Senior (30-44)
10km	LIN CHI KUEN	連志權	A3171	Male	Male Senior (30-44)
10km	Li Chi Cheung	李志祥	A3172	Male	Male Senior (30-44)
10km	LEE CHAK SUM	李澤琛	A3173	Male	Male Senior (30-44)
10km	Tse Ho Kin	謝浩堅	A3174	Male	Male Senior (30-44)
10km	Chan Ho Ming		A3175	Male	Male Senior (30-44)
10km	Chau Ka Man	周家文	A3176	Male	Male Senior (30-44)
10km	Mike Chan	陳子明	A3177	Male	Male Senior (30-44)
10km	Chan Man Yu	陳孟禹	A3178	Male	Male Senior (30-44)
10km	Edward Gumbley		A3179	Male	Male Senior (30-44)
10km	ben mccarthy		A3180	Male	Male Senior (30-44)
10km	Lee Ho Man	李浩文	A3181	Male	Male Senior (30-44)
10km	PANG CHAK HAU	彭澤厚	A3182	Male	Male Senior (30-44)
10km	Ng Chau Ho		A3183	Male	Male Senior (30-44)
10km	Wong Ho Lam		A3184	Male	Male Senior (30-44)
10km	STEPHEN WONG		A3185	Male	Male Senior (30-44)
10km	CHENG SIU WING		A3186	Male	Male Senior (30-44)
10km	WONG KWAN WAI	黃君偉	A3187	Male	Male Senior (30-44)
10km	Cheung Kai Chung		A3188	Male	Male Senior (30-44)
10km	Kwok Wai Cheong		A3189	Male	Male Senior (30-44)
10km	CHAN YIP SANG	陳葉生	A3190	Male	Male Senior (30-44)
10km	Lam Shu Yan	林樹仁	A3191	Male	Male Senior (30-44)
10km	Yuen Chun Kei	袁晉基	A3192	Male	Male Senior (30-44)
10km	Li Ka Chung	李嘉聰	A3193	Male	Male Senior (30-44)
10km	Kenneth Lee		A3194	Male	Male Senior (30-44)
10km	Tam Wang Ngai	譚弘毅	A3195	Male	Male Senior (30-44)
10km	lou chi hang		A3196	Male	Male Senior (30-44)
10km	LELEU HERVE		A3197	Male	Male Senior (30-44)
10km	Yung Mou cheung	翁茂祥	A3198	Male	Male Senior (30-44)
10km	Tam Lik Hang		A3199	Male	Male Senior (30-44)
10km	Wong Chi Man	黃子文	A3200	Male	Male Senior (30-44)
10km	Kwan Ngai	關毅	A3201	Male	Male Senior (30-44)
10km	CHAN KWOK KEE	陳國基	A3202	Male	Male Senior (30-44)
10km	Lee king him	李敬謙	A3203	Male	Male Senior (30-44)
10km	Jack CHENG		A3204	Male	Male Senior (30-44)
10km	Lam Hei Shun	林熙信	A3205	Male	Male Senior (30-44)
10km	Cheung Pak Chuen	張栢全	A3206	Male	Male Senior (30-44)
10km	Poon Pak Kan	潘柏蘄	A3207	Male	Male Senior (30-44)

10km	Wong Pui Yuen		A3208	Male	Male Senior (30-44)
10km	Yeung Yiu Kei		A3209	Male	Male Senior (30-44)
10km	Cheung Yiu Chuen		A3210	Male	Male Senior (30-44)
10km	Wong Kin Ho		A3211	Male	Male Senior (30-44)
10km	Yuen Chun Ho		A3212	Male	Male Senior (30-44)
10km	Wong Ho Chuen	黃浩銓	A3213	Male	Male Senior (30-44)
10km	Brian Hang Fai Ng	伍恒輝	A3214	Male	Male Senior (30-44)
10km	HUI WAI SHUN	許偉信	A3215	Male	Male Senior (30-44)
10km	Leung Siu Lun	梁兆倫	A3216	Male	Male Senior (30-44)
10km	CHAN HIU CHUNG	陳曉聰	A3217	Male	Male Senior (30-44)
10km	PUN KWONG LIK	潘廣力	A3218	Male	Male Senior (30-44)
10km	Cheung Fai	張飛	A3219	Male	Male Senior (30-44)
10km	Lam Yat Tung	林溢東	A3220	Male	Male Senior (30-44)
10km	Lee Man Fai Matthew	李文輝	A3221	Male	Male Senior (30-44)
10km	Thor Cheung		A3222	Male	Male Senior (30-44)
10km	TSOi kwing chak	蔡炯澤	A3223	Male	Male Senior (30-44)
10km	Wong wing sang	黃永生	A3224	Male	Male Senior (30-44)
10km	Lai Hin Tat Henry	黎顯達	A3225	Male	Male Senior (30-44)
10km	Lee King Hang		A3226	Male	Male Senior (30-44)
10km	KWOK SIU CHUNG	郭兆聰	A3227	Male	Male Senior (30-44)
10km	KWOK WAI CHING VINCENT	郭偉程	A3228	Male	Male Senior (30-44)
10km	LOU WAI NAP	盧韋納	A3229	Male	Male Senior (30-44)
10km	D W		A3230	Male	Male Senior (30-44)
10km	Leung Yiu Pong		A3231	Male	Male Senior (30-44)
10km	Anthony To		A3232	Male	Male Senior (30-44)
10km	Chan Wai Lok Kenneth	陳煒樂	A3233	Male	Male Senior (30-44)
10km	Yeung Wai Yip	楊偉業	A3234	Male	Male Senior (30-44)
10km	KO PAK TANG	高柏騰	A3235	Male	Male Senior (30-44)
10km	Lam Ho Wa	林浩樺	A3236	Male	Male Senior (30-44)
10km	CHOI KIN KEI	蔡建基	A3237	Male	Male Senior (30-44)
10km	Po Siu Chung	布紹聰	A3238	Male	Male Senior (30-44)
10km	Yip Pui Lam	葉沛霖	A3239	Male	Male Senior (30-44)
10km	LEE YIU SING	李耀陞	A3240	Male	Male Senior (30-44)
10km	Fan Ping Lam	范炳林	A3241	Male	Male Senior (30-44)
10km	Tang Kwan Yiu	鄧均堯	A3242	Male	Male Senior (30-44)
10km	Brandon Tsang	曾秋明	A3243	Male	Male Senior (30-44)
10km	Cheung Tsz kin	張子健	A3244	Male	Male Senior (30-44)
10km	Chun Tsz Hong Simon	秦子康	A3245	Male	Male Senior (30-44)
10km	ZHAO SHUANG	趙爽	A3246	Male	Male Senior (30-44)
10km	WONG KIN PONG	王健邦	A3247	Male	Male Senior (30-44)
10km	TSE CHUN JAMES	謝俊	A3248	Male	Male Senior (30-44)
10km	Richard Cowley		A3249	Male	Male Senior (30-44)
10km	Lai Wai Chun	賴惠珍	A4001	Female	Female Senior (30-44)
10km	Cheng Pui Sze	鄭佩詩	A4002	Female	Female Senior (30-44)
10km	Venus Liu		A4003	Female	Female Senior (30-44)
10km	Moby Leung		A4004	Female	Female Senior (30-44)
10km	KWOK KING SZE	郭敬斯	A4005	Female	Female Senior (30-44)
10km	LAI Wai Man Iman	賴慧雯	A4006	Female	Female Senior (30-44)
10km	Pang Tsui Mei		A4007	Female	Female Senior (30-44)
10km	Jessica Lau Yu	Lau	A4008	Female	Female Senior (30-44)
10km	Kuma Chui Yin		A4009	Female	Female Senior (30-44)
10km	Pang Lai Han Monica	彭麗嫻	A4010	Female	Female Senior (30-44)
10km	Yeung Pui Shan Jenny		A4011	Female	Female Senior (30-44)

10km	Twinnie Wong		A4012	Female	Female Senior (30-44)
10km	LAM SHUK FAN	林淑芬	A4013	Female	Female Senior (30-44)
10km	Yang Yingyan		A4014	Female	Female Senior (30-44)
10km	TAM PICK NGAN	譚碧顏	A4015	Female	Female Senior (30-44)
10km	WONG CHUI YI	黃翠儀	A4016	Female	Female Senior (30-44)
10km	Lau Wing Yan		A4017	Female	Female Senior (30-44)
10km	CHENG PUI HAANG		A4018	Female	Female Senior (30-44)
10km	Li Chor Ting		A4019	Female	Female Senior (30-44)
10km	Wong Mei Sin	黃美善	A4020	Female	Female Senior (30-44)
10km	Chung Pui Wa		A4021	Female	Female Senior (30-44)
10km	Syvonía fung	馮倩紅	A4022	Female	Female Senior (30-44)
10km	Wong Ka Man	黃嘉敏	A4023	Female	Female Senior (30-44)
10km	Kwan Kin Lim	關健濂	A4024	Female	Female Senior (30-44)
10km	Lee chi man		A4025	Female	Female Senior (30-44)
10km	LI CHEUK LAM	李卓琳	A4026	Female	Female Senior (30-44)
10km	WONG WAI LIN	黃慧蓮	A4027	Female	Female Senior (30-44)
10km	Ng ying suet	吳影雪	A4028	Female	Female Senior (30-44)
10km	Ip Tsz Ying	葉子盈	A4029	Female	Female Senior (30-44)
10km	Li Hoi	李凱	A4030	Female	Female Senior (30-44)
10km	Kathy Ng		A4031	Female	Female Senior (30-44)
10km	Cheng Ting Ting Windy	鄭婷婷	A4032	Female	Female Senior (30-44)
10km	Elise Lau	劉淑芳	A4033	Female	Female Senior (30-44)
10km	Cynthia yuen	C	A4034	Female	Female Senior (30-44)
10km	Crystal Li		A4035	Female	Female Senior (30-44)
10km	WONG PHEBE	王菲比	A4036	Female	Female Senior (30-44)
10km	LO SUM YI		A4037	Female	Female Senior (30-44)
10km	TSANG KI YU	曾紀瑜	A4038	Female	Female Senior (30-44)
10km	Lam Shuk Ping	林淑萍	A4039	Female	Female Senior (30-44)
10km	MAYA SAVIRA	吳美嫻	A4040	Female	Female Senior (30-44)
10km	WONG KA YUET	王珈悅	A4041	Female	Female Senior (30-44)
10km	CHAN Shuk Man		A4042	Female	Female Senior (30-44)
10km	Chung Shui Ping	鍾瑞萍	A4043	Female	Female Senior (30-44)
10km	Ching Han YU		A4044	Female	Female Senior (30-44)
10km	Law Ka Hei	羅嘉希	A4045	Female	Female Senior (30-44)
10km	Leung Wing Shan		A4046	Female	Female Senior (30-44)
10km	Chow So Han	鄒素嫻	A4047	Female	Female Senior (30-44)
10km	CHAN YAU YAM	陳宥任	A4048	Female	Female Senior (30-44)
10km	Leung Pui Shan	梁佩珊	A4049	Female	Female Senior (30-44)
10km	Sum Hau Wun		A4050	Female	Female Senior (30-44)
10km	Choi hiu ting	蔡曉婷	A4051	Female	Female Senior (30-44)
10km	Hay Kam		A4052	Female	Female Senior (30-44)
10km	Macy Chen	CHENXIMING	A4053	Female	Female Senior (30-44)
10km	Vicky Chung	鍾家欣	A4054	Female	Female Senior (30-44)
10km	CHUNG KAM PING	鍾錦萍	A4055	Female	Female Senior (30-44)
10km	Li Hui	李慧	A4056	Female	Female Senior (30-44)
10km	HO PUI MAN	何佩雯	A4057	Female	Female Senior (30-44)
10km	Tsai Hang Yu		A4058	Female	Female Senior (30-44)
10km	KWOK WAI HUNG	郭惠紅	A4059	Female	Female Senior (30-44)
10km	Wong ting ting	黃婷婷	A4060	Female	Female Senior (30-44)
10km	Tung Man Yan Grace	童文恩	A4061	Female	Female Senior (30-44)
10km	Chan ka yan		A4062	Female	Female Senior (30-44)
10km	Zenfil Chan		A4063	Female	Female Senior (30-44)
10km	WONG FONG YIING	黃鳳儀	A4064	Female	Female Senior (30-44)

10km	TSANG WING YI		A4065	Female	Female Senior (30-44)
10km	TSANG SIN YI		A4066	Female	Female Senior (30-44)
10km	Chon Hiu Lam	莊曉琳	A4067	Female	Female Senior (30-44)
10km	Lee Nga Li		A4068	Female	Female Senior (30-44)
10km	To Hoi Yan Rita	涂凱欣	A4069	Female	Female Senior (30-44)
10km	Ho Yuk Kuen	何玉娟	A4070	Female	Female Senior (30-44)
10km	Annie Tsui		A4071	Female	Female Senior (30-44)
10km	Leung Wing Yiu	梁穎瑤	A4072	Female	Female Senior (30-44)
10km	Allison Ng		A4073	Female	Female Senior (30-44)
10km	Tinny Sin		A4074	Female	Female Senior (30-44)
10km	Ho Suk Man	何淑敏	A4075	Female	Female Senior (30-44)
10km	Yau Hau Yan Annie	游巧茵	A4076	Female	Female Senior (30-44)
10km	Li Mei Yan		A4077	Female	Female Senior (30-44)
10km	Ng yiu yiu	吳瑤瑤	A4078	Female	Female Senior (30-44)
10km	CHOI MANG YAN		A4079	Female	Female Senior (30-44)
10km	Chan Nga Yan		A4080	Female	Female Senior (30-44)
10km	LEE MAN MAN	李文敏	A4081	Female	Female Senior (30-44)
10km	Fong Wai Fan		A4082	Female	Female Senior (30-44)
10km	HOPOYEE	何寶儀	A4083	Female	Female Senior (30-44)
10km	Ma Ka Yee		A4084	Female	Female Senior (30-44)
10km	CHAN TING	陳婷	A4085	Female	Female Senior (30-44)
10km	Wong Man Fung		A4086	Female	Female Senior (30-44)
10km	CHAN KAI TO	陳啟濤	A4087	Female	Female Senior (30-44)
10km	LEUNG PO LING	梁寶玲	A4088	Female	Female Senior (30-44)
10km	Cheng soso		A4089	Female	Female Senior (30-44)
10km	Lee Sze Hang Joyce		A4090	Female	Female Senior (30-44)
10km	Chung Chau Yung		A4091	Female	Female Senior (30-44)
10km	Lau Ming Chi		A4092	Female	Female Senior (30-44)
10km	Yuen Wai Man		A4093	Female	Female Senior (30-44)
10km	Katherine YIU		A4094	Female	Female Senior (30-44)
10km	WU KWAI FAN	胡桂芬	A4095	Female	Female Senior (30-44)
10km	Kane Leung		A4096	Female	Female Senior (30-44)
10km	FREFLY		A4097	Female	Female Senior (30-44)
10km	Chan Suk Ping May		A4098	Female	Female Senior (30-44)
10km	YAMAMOTO YOKO	山本洋子	A4099	Female	Female Senior (30-44)
10km	NG NGA SHAN	伍雅珊	A4100	Female	Female Senior (30-44)
10km	Jackie Cheung		A4101	Female	Female Senior (30-44)
10km	Sun Po Ki		A4102	Female	Female Senior (30-44)
10km	Kwok Yee Man		A4103	Female	Female Senior (30-44)
10km	Rachel Chan		A4104	Female	Female Senior (30-44)
10km	Liu lili		A4105	Female	Female Senior (30-44)
10km	Kan Tsui		A4106	Female	Female Senior (30-44)
10km	Alice Lam		A4107	Female	Female Senior (30-44)
10km	Cheng Mina		A4108	Female	Female Senior (30-44)
10km	Tsang Ka Yan	曾嘉欣	A4109	Female	Female Senior (30-44)
10km	Lai Kar Ki Katie	黎嘉琪	A4110	Female	Female Senior (30-44)
10km	LING CHUNFENG		A4111	Female	Female Senior (30-44)
10km	Jung Eun Park		A4112	Female	Female Senior (30-44)
10km	Ally Hyungjoo Oh		A4113	Female	Female Senior (30-44)
10km	Ng Lai Lai		A4114	Female	Female Senior (30-44)
10km	Sin Rita	Nil	A4115	Female	Female Senior (30-44)
10km	Iris Lo	Iris	A4116	Female	Female Senior (30-44)
10km	Shek Pui Ling		A4117	Female	Female Senior (30-44)

10km	Wong Wai Fan Fanny	黃惠芬	A4118	Female	Female Senior (30-44)
10km	Yip Cho Yee		A4119	Female	Female Senior (30-44)
10km	Choy Wai Mei	蔡慧美	A4120	Female	Female Senior (30-44)
10km	Dilys Cheung	Dilys Cheung	A4121	Female	Female Senior (30-44)
10km	Sarah Deaver		A4122	Female	Female Senior (30-44)
10km	CHOW SHUK WA	周淑華	A4123	Female	Female Senior (30-44)
10km	Megan Godek		A4124	Female	Female Senior (30-44)
10km	Yoyo Chan		A4125	Female	Female Senior (30-44)
10km	Lau Mei Kei	劉美琪	A4126	Female	Female Senior (30-44)
10km	Irene Poon		A4127	Female	Female Senior (30-44)
10km	Wong Sze Wing	黃詩詠	A4128	Female	Female Senior (30-44)
10km	Joe Chui		A4129	Female	Female Senior (30-44)
10km	Tou Pan Pan	杜彬彬	A4130	Female	Female Senior (30-44)
10km	Cheng Suk Man	鄭淑敏	A4131	Female	Female Senior (30-44)
10km	Ho Yuk Chun	何玉椿	A4132	Female	Female Senior (30-44)
10km	Kwok Ka Man		A4133	Female	Female Senior (30-44)
10km	Christina Chan		A4134	Female	Female Senior (30-44)
10km	LAW Suet Ying		A4135	Female	Female Senior (30-44)
10km	mo fung pui		A4136	Female	Female Senior (30-44)
10km	julietta leung		A4137	Female	Female Senior (30-44)
10km	Tang Siu Fong Ida	鄧少芳	A4138	Female	Female Senior (30-44)
10km	CHAN WINNIE	陳穎懿	A4139	Female	Female Senior (30-44)
10km	LEE HUNG MUI	李紅梅	A4140	Female	Female Senior (30-44)
10km	DONG SHUYI	董淑怡	A4141	Female	Female Senior (30-44)
10km	LAM KWOM WUT	林國活	A5001	Male	Male Master (45+)
10km	TAM WAI SHUN	譚衛信	A5002	Male	Male Master (45+)
10km	You Mo Lun	饒武倫	A5003	Male	Male Master (45+)
10km	Fung Wai Kuen Thomas	馮偉權	A5004	Male	Male Master (45+)
10km	suen wai man	孫偉文	A5005	Male	Male Master (45+)
10km	LAU Cheung Loi Andy		A5006	Male	Male Master (45+)
10km	chan chi hung	陳志鴻	A5007	Male	Male Master (45+)
10km	Raymond Wong	王偉民	A5008	Male	Male Master (45+)
10km	CHAN CHIN PANG	陳展鵬	A5009	Male	Male Master (45+)
10km	WAN TAK KIN	溫德建	A5010	Male	Male Master (45+)
10km	kwan chiu san	關照申	A5011	Male	Male Master (45+)
10km	Cheung Tung Ming	張東明	A5012	Male	Male Master (45+)
10km	Tan Anderson		A5013	Male	Male Master (45+)
10km	Yellow	wong man tat	A5014	Male	Male Master (45+)
10km	Leung Pak Yu	梁伯裕	A5015	Male	Male Master (45+)
10km	Chan Ngai Keung	陳毅強	A5016	Male	Male Master (45+)
10km	Alex Mak		A5017	Male	Male Master (45+)
10km	Tsang Wai Kwok	曾偉國	A5018	Male	Male Master (45+)
10km	Fung Wing Kai	馮永佳	A5019	Male	Male Master (45+)
10km	Leung kai sun	梁繼新	A5020	Male	Male Master (45+)
10km	Terry Wong	王英偉	A5021	Male	Male Master (45+)
10km	Chung man kan	鍾文勤	A5022	Male	Male Master (45+)
10km	Ho Siu Lung	何兆龍	A5023	Male	Male Master (45+)
10km	Lin Siu Chung	林紹忠	A5024	Male	Male Master (45+)
10km	Mak Sum Chai	麥森仔	A5025	Male	Male Master (45+)
10km	Ho Wai Hung	何偉雄	A5026	Male	Male Master (45+)
10km	Mak Wai keung Paul	麥偉強	A5027	Male	Male Master (45+)
10km	Lam chau tong	林秋棠	A5028	Male	Male Master (45+)
10km	Pang Chung Sum	彭仲森	A5029	Male	Male Master (45+)

10km	Leung Kwok Keung Kelvin	梁國強	A5030	Male	Male Master (45+)
10km	Lam Wai Choi	林偉才	A5031	Male	Male Master (45+)
10km	John Fong	方少華	A5032	Male	Male Master (45+)
10km	LEE CHE WA SIMON	李志華	A5033	Male	Male Master (45+)
10km	Lo Kwok Chi		A5034	Male	Male Master (45+)
10km	CHEUNG CHAI SING	張齊陞	A5035	Male	Male Master (45+)
10km	Lau Wai Tong	劉偉棠	A5036	Male	Male Master (45+)
10km	Cheng Chung Keung	鄭宗強	A5037	Male	Male Master (45+)
10km	TANG WAI MING		A5038	Male	Male Master (45+)
10km	Li Chung Ming	李仲明	A5039	Male	Male Master (45+)
10km	Mok Ka Fai	莫家輝	A5040	Male	Male Master (45+)
10km	LEUNG YU HIM	梁羽謙	A5041	Male	Male Master (45+)
10km	Ng Kwok Wai		A5042	Male	Male Master (45+)
10km	KWOK SHEK TUNG		A5043	Male	Male Master (45+)
10km	Chau Wai Chuen	周渭川	A5044	Male	Male Master (45+)
10km	Tang Siu Kiu Lawrence	鄧兆僑	A5045	Male	Male Master (45+)
10km	Lee Chi Wing	李賜榮	A5046	Male	Male Master (45+)
10km	AU KA CHAI		A5047	Male	Male Master (45+)
10km	Sham Henry		A5048	Male	Male Master (45+)
10km	Peter Lee		A5049	Male	Male Master (45+)
10km	Lee kwok wah	李國華	A5050	Male	Male Master (45+)
10km	Thomas Chow		A5051	Male	Male Master (45+)
10km	Lau Tung On Samson		A5052	Male	Male Master (45+)
10km	Li Siu Wai	李少衛	A5053	Male	Male Master (45+)
10km	Wong Kwok Wah	黃國華	A5054	Male	Male Master (45+)
10km	Yim Wai Hung	嚴偉雄	A5055	Male	Male Master (45+)
10km	CHAN KING MAN	陳敬文	A5056	Male	Male Master (45+)
10km	FONG KIN WAI	方健偉	A5057	Male	Male Master (45+)
10km	Yeung Yuk Leung	楊育樑	A5058	Male	Male Master (45+)
10km	Eddie Hui	許業宏	A5059	Male	Male Master (45+)
10km	Tai Sau Lye Bernard	戴守禮	A5060	Male	Male Master (45+)
10km	Chan Chi Shing		A5061	Male	Male Master (45+)
10km	YIP CHUN YAN	葉振恩	A5062	Male	Male Master (45+)
10km	Leung To Hoi	梁濤開	A5063	Male	Male Master (45+)
10km	Wong Ping Hong		A5064	Male	Male Master (45+)
10km	Pang Yat Sun	彭日新	A5065	Male	Male Master (45+)
10km	YEUNG MAN CHUNG	楊文忠	A5066	Male	Male Master (45+)
10km	NG KWOK LEUNG BANNY	吳國良	A5067	Male	Male Master (45+)
10km	HO CHUNG KAI		A5068	Male	Male Master (45+)
10km	Ho Lai Kuen	何禮權	A5069	Male	Male Master (45+)
10km	CHOW CHI FAI	鄒志輝	A5070	Male	Male Master (45+)
10km	CHOW CHI WAI	鄒志偉	A5071	Male	Male Master (45+)
10km	Tung Chi Wah	董志華	A5072	Male	Male Master (45+)
10km	Lee Sze Wing Taffy	李思榮	A5073	Male	Male Master (45+)
10km	FAN CHEUNG HONG	樊祥康	A5074	Male	Male Master (45+)
10km	Tam Kang Shun	譚鏡淳	A5075	Male	Male Master (45+)
10km	Poon Yiu fai	潘耀輝	A5076	Male	Male Master (45+)
10km	Cheung chun man	張俊文	A5077	Male	Male Master (45+)
10km	Wa kay Chiu	Wa kay Chiu	A5078	Male	Male Master (45+)
10km	CHUNG HO WAN	鍾昊芸	A5079	Male	Male Master (45+)
10km	WU CHI YUEN	胡志遠	A5080	Male	Male Master (45+)
10km	LAM KIN SANG JEANS MONTE	林堅生	A5081	Male	Male Master (45+)
10km	Pak David	白忠偉	A5082	Male	Male Master (45+)

10km	KWOK Siu kwong	郭小光	A5083	Male	Male Master (45+)
10km	Law Wai Man		A5084	Male	Male Master (45+)
10km	Cheung He	張禧	A5085	Male	Male Master (45+)
10km	Jimmy Kam	甘啟憲	A5086	Male	Male Master (45+)
10km	Lo wai Sum	勞偉森	A5087	Male	Male Master (45+)
10km	HO YUK MING SIMON	何旭明	A5088	Male	Male Master (45+)
10km	CHU SIU TONG	朱少棠	A5089	Male	Male Master (45+)
10km	Lam Tsz Fai	林子輝	A5090	Male	Male Master (45+)
10km	Yiu Hak Keung	姚克強	A5091	Male	Male Master (45+)
10km	Wong kin wai	黃健偉	A5092	Male	Male Master (45+)
10km	Lau kam chiu	劉錦超	A5093	Male	Male Master (45+)
10km	WONG Che Ming	黃志明	A5094	Male	Male Master (45+)
10km	Lai chi ming		A5095	Male	Male Master (45+)
10km	TSOI WAI HUNG DABBY	蔡偉雄	A5096	Male	Male Master (45+)
10km	Wong Jin Vui	黃精偉	A5097	Male	Male Master (45+)
10km	cheung chin wing		A5098	Male	Male Master (45+)
10km	Winston Chang	張振中	A5099	Male	Male Master (45+)
10km	Wong Yan Kin Daniel	黃欣健	A5100	Male	Male Master (45+)
10km	Lau Wai Kit	劉偉傑	A5101	Male	Male Master (45+)
10km	Chan Wai Kong	陳偉剛	A5102	Male	Male Master (45+)
10km	Ng Ka Ping	吳家平	A5103	Male	Male Master (45+)
10km	Yeung Tak Ming	楊德明	A5104	Male	Male Master (45+)
10km	Fok Kwai San	霍桂新	A5105	Male	Male Master (45+)
10km	Li Kwok Hung	李國雄	A5106	Male	Male Master (45+)
10km	Kong sin wai		A5107	Male	Male Master (45+)
10km	Tsang Kam Fai		A5108	Male	Male Master (45+)
10km	Chan chi ying		A5109	Male	Male Master (45+)
10km	WONG SIU WAH JOHN	黃兆華	A5110	Male	Male Master (45+)
10km	ng king wah	吳景華	A5111	Male	Male Master (45+)
10km	Wong Yat Chau	王一舟	A5112	Male	Male Master (45+)
10km	Lam YK Nicky	Lam YK Nicky	A5113	Male	Male Master (45+)
10km	Peter Wong		A5114	Male	Male Master (45+)
10km	Philip Ng		A5115	Male	Male Master (45+)
10km	Luk Man Kit	陸文傑	A5116	Male	Male Master (45+)
10km	Luk Ka Fai	陸家輝	A5117	Male	Male Master (45+)
10km	Wong Shek Chung	黃錫忠	A5118	Male	Male Master (45+)
10km	Chang Wai Ho	張慧豪	A5119	Male	Male Master (45+)
10km	Liu Sing Keung	廖聖強	A5120	Male	Male Master (45+)
10km	POON CHI KEUNG	潘志強	A5121	Male	Male Master (45+)
10km	NG HO YIN SAMSON	吳浩賢	A5122	Male	Male Master (45+)
10km	POON TSZ MAN	潘子文	A5123	Male	Male Master (45+)
10km	Alan Cheng		A5124	Male	Male Master (45+)
10km	Fung Wai Chung		A5125	Male	Male Master (45+)
10km	Yip ho cheung	葉浩璋	A5126	Male	Male Master (45+)
10km	CHENG KA MING	鄭嘉銘	A5127	Male	Male Master (45+)
10km	FONG WAI SING	方維成	A5128	Male	Male Master (45+)
10km	Winson Yick	易偉文	A5129	Male	Male Master (45+)
10km	Leung Chin Hang R	梁展恒	A5130	Male	Male Master (45+)
10km	Wallace Yeung		A5131	Male	Male Master (45+)
10km	Anthony Ho		A5132	Male	Male Master (45+)
10km	Chan Pak Kin		A5133	Male	Male Master (45+)
10km	Chan Kam hung		A5134	Male	Male Master (45+)
10km	EddieLaw		A5135	Male	Male Master (45+)

10km	Kwok wing Ng	Kwok wing Ng	A5136	Male	Male Master (45+)
10km	LAI WAI KAI	黎偉佳	A5137	Male	Male Master (45+)
10km	Wing Kei Szeto		A5138	Male	Male Master (45+)
10km	Michael Leung	梁國華	A5139	Male	Male Master (45+)
10km	Chung Shing Hing	鍾誠興	A5140	Male	Male Master (45+)
10km	Mike Lam		A5141	Male	Male Master (45+)
10km	Lee Chak Yin	李澤賢	A5142	Male	Male Master (45+)
10km	Terry Ng		A5143	Male	Male Master (45+)
10km	Reto Merazzi	Reto	A5144	Male	Male Master (45+)
10km	Harry MA		A5145	Male	Male Master (45+)
10km	Laio Tak Ming		A5146	Male	Male Master (45+)
10km	Ricky Lo		A5147	Male	Male Master (45+)
10km	Chan Ching Chau	陳政周	A5148	Male	Male Master (45+)
10km	Hung Kong Chi	洪港志	A5149	Male	Male Master (45+)
10km	Yip Ka Chung		A5150	Male	Male Master (45+)
10km	KWOK CHI KIN JAMES	郭志堅	A5151	Male	Male Master (45+)
10km	Ngan Chi Wai		A5152	Male	Male Master (45+)
10km	kwok chi hung	郭志洪	A5153	Male	Male Master (45+)
10km	CHUI YUE CHUN	徐予濬	A5154	Male	Male Master (45+)
10km	Lee Tat Ping	李達平	A5155	Male	Male Master (45+)
10km	Lee Che Wai		A5156	Male	Male Master (45+)
10km	LO WAI HUNG MATTHEW		A5157	Male	Male Master (45+)
10km	Leung Man Kai Kelvin	梁文啟	A5158	Male	Male Master (45+)
10km	AU Wing Ho	區永河	A5159	Male	Male Master (45+)
10km	Chow Shun Yin	周順賢	A5160	Male	Male Master (45+)
10km	FU CHE NAM	符之南	A5161	Male	Male Master (45+)
10km	Mick Liu		A5162	Male	Male Master (45+)
10km	LI LAI SING	李麗成	A5163	Male	Male Master (45+)
10km	LAI WAI KEUNG	黎偉強	A5164	Male	Male Master (45+)
10km	Johnson Man	文慶培	A5165	Male	Male Master (45+)
10km	KU Tak Fai	古德輝	A5166	Male	Male Master (45+)
10km	leung chi hung	梁志雄	A5167	Male	Male Master (45+)
10km	Leung Kin Tung	梁建東	A5168	Male	Male Master (45+)
10km	CHAN FUK HING	陳福興	A5169	Male	Male Master (45+)
10km	LAU CHUEN FONG	劉泉芳	A5170	Male	Male Master (45+)
10km	Hui Ming Tak		A5171	Male	Male Master (45+)
10km	LAM YICK LAM	林益琳	A5172	Male	Male Master (45+)
10km	Fung Wing Fu	馮永富	A5173	Male	Male Master (45+)
10km	wong kwok chu	黃國柱	A5174	Male	Male Master (45+)
10km	MA CHI SHING	馬志成	A5175	Male	Male Master (45+)
10km	Chu Ka Chun	朱家椿	A5176	Male	Male Master (45+)
10km	Lai Ted Edison	黎德遜	A5177	Male	Male Master (45+)
10km	WONG PUI WING	黃沛榮	A5178	Male	Male Master (45+)
10km	Hung Chang Kang	洪長康	A5179	Male	Male Master (45+)
10km	Luk Ying Kit	陸英傑	A5180	Male	Male Master (45+)
10km	Leung Yat Fai		A5181	Male	Male Master (45+)
10km	Michael Lun		A5182	Male	Male Master (45+)
10km	Laihoitaoedward	黎凱濤	A5183	Male	Male Master (45+)
10km	Chan Wai		A5184	Male	Male Master (45+)
10km	LAM YIP HUNG	林業鴻	A5185	Male	Male Master (45+)
10km	Cheung Chi Shing Patrick	張志成	A5186	Male	Male Master (45+)
10km	BUT CHI WAI	畢志偉	A5187	Male	Male Master (45+)
10km	Eric Lam		A5188	Male	Male Master (45+)

10km	LEUNG CHEUK MING STEPHEN	梁灼明	A5189	Male	Male Master (45+)
10km	Tai Chun Pang		A5190	Male	Male Master (45+)
10km	Pin Kwok Fan	邊國凡	A5191	Male	Male Master (45+)
10km	Tang Kwan Ho	鄧君豪	A5192	Male	Male Master (45+)
10km	Lee wai hung	利惠洪	A5193	Male	Male Master (45+)
10km	Geoffrey Cheng	Cheng	A5194	Male	Male Master (45+)
10km	Wong Man Shing Donald	王萬成	A5195	Male	Male Master (45+)
10km	MATSUDA DAISUKE	松田大輔	A5196	Male	Male Master (45+)
10km	TSE HUNG CHEUNG		A5197	Male	Male Master (45+)
10km	So Chung Yin Simon	蘇仲賢	A5198	Male	Male Master (45+)
10km	chan ho yin jeremy	陳浩然	A5199	Male	Male Master (45+)
10km	Wong Ho Seng	王皓生	A5200	Male	Male Master (45+)
10km	HO TIN SHING	何天勝	A5201	Male	Male Master (45+)
10km	HUNG SHING HING		A5202	Male	Male Master (45+)
10km	Yip Kwok Keung	葉國強	A5203	Male	Male Master (45+)
10km	KONG YUEN WAI	江元偉	A5204	Male	Male Master (45+)
10km	CHIU YIM HUNG	趙艷雄	A5205	Male	Male Master (45+)
10km	NG KAM SHING		A5206	Male	Male Master (45+)
10km	Thomas Yau		A5207	Male	Male Master (45+)
10km	Mak Kai Tai Billy		A5208	Male	Male Master (45+)
10km	CHAN TIN YUEN		A5209	Male	Male Master (45+)
10km	Ng Ka Wai	吳家偉	A5210	Male	Male Master (45+)
10km	LEE SUNG YEE	李崇義	A5211	Male	Male Master (45+)
10km	LI WAN CHUNG		A5212	Male	Male Master (45+)
10km	Corina Chang	張彩珍	A6001	Female	Female Master (45+)
10km	Lo Ka Lai Jasmine	盧嘉麗	A6002	Female	Female Master (45+)
10km	Chan Sui Lin	陳瑞蓮	A6003	Female	Female Master (45+)
10km	CHAN MAN YI	陳敏怡	A6004	Female	Female Master (45+)
10km	Leung Yuen Shan Gloris	梁苑珊	A6005	Female	Female Master (45+)
10km	Angela Fung	馮寶珊	A6006	Female	Female Master (45+)
10km	Kong Kwan Fung Nancy	江關鳳	A6007	Female	Female Master (45+)
10km	xiang fang	向芳	A6008	Female	Female Master (45+)
10km	Sum Yee chiu	Sum Yee chiu	A6009	Female	Female Master (45+)
10km	Elaine Frances Lee	李綺玲	A6010	Female	Female Master (45+)
10km	Tse Mei Fan	謝味芬	A6011	Female	Female Master (45+)
10km	PANG WAI LING		A6012	Female	Female Master (45+)
10km	Pang Wai Yee	彭慧儀	A6013	Female	Female Master (45+)
10km	Rita Chan		A6014	Female	Female Master (45+)
10km	Chan Sui ngo		A6015	Female	Female Master (45+)
10km	Julia Cheung	張俊芝	A6016	Female	Female Master (45+)
10km	Wong yin yung	王彥蓉	A6017	Female	Female Master (45+)
10km	Chan Sau Pik		A6018	Female	Female Master (45+)
10km	mokwan chan	mokwan	A6019	Female	Female Master (45+)
10km	Lo Lan Fa Angel	羅蘭花	A6020	Female	Female Master (45+)
10km	Chan Suk Fong	陳淑芳	A6021	Female	Female Master (45+)
10km	Lee Ka Man May	李嘉敏	A6022	Female	Female Master (45+)
10km	Liu Wing Yan	廖穎茵	A6023	Female	Female Master (45+)
10km	Yeung Fung Yee	楊鳳儀	A6024	Female	Female Master (45+)
10km	Wong Yim Kuen Jenny		A6025	Female	Female Master (45+)
10km	Chay Wai Yee	謝惠兒	A6026	Female	Female Master (45+)
10km	Li Yik Yik	李奕奕	A6027	Female	Female Master (45+)
10km	Ching Yuk Lin	程玉蓮	A6028	Female	Female Master (45+)
10km	BECKY SHUM		A6029	Female	Female Master (45+)

10km	Lee Kwan Yee		A6030	Female	Female Master (45+)
10km	HO YING WAI	何英慧	A6031	Female	Female Master (45+)
10km	CHAU MEI YI	周美儀	A6032	Female	Female Master (45+)
10km	CHUNG Wai Yin		A6033	Female	Female Master (45+)
10km	Louisa Luk		A6034	Female	Female Master (45+)
10km	TANG TZE WAI ABBY		A6035	Female	Female Master (45+)
10km	Chung wai man		A6036	Female	Female Master (45+)
10km	Chan Sze Man	陳思敏	A6037	Female	Female Master (45+)
10km	Noel Leung		A6038	Female	Female Master (45+)
10km	NG Wai King		A6039	Female	Female Master (45+)
10km	Po ka yin	布嘉燕	A6040	Female	Female Master (45+)
10km	Lo Siu Fan		A6041	Female	Female Master (45+)
10km	Yau Lai Suen	邱麗璇	A6042	Female	Female Master (45+)
10km	SIU KWAN YING		A6043	Female	Female Master (45+)
10km	PamPam Wong		A6044	Female	Female Master (45+)
10km	CHU YIN FONG		A6045	Female	Female Master (45+)
10km	Choi Ka Kei	蔡嘉琪	A6046	Female	Female Master (45+)
10km	Yu Oi Luen Liza		A6047	Female	Female Master (45+)
10km	Cecily Fung		A6048	Female	Female Master (45+)
10km	YU Amy	余愛媚	A6049	Female	Female Master (45+)
10km	Li Kee Yu	李紀如	A6050	Female	Female Master (45+)
10km	KWOK SAU LING	郭秀玲	A6051	Female	Female Master (45+)
10km	CHAN SHEUNG WAI	陳尚慧	A6052	Female	Female Master (45+)
10km	cheung Yin Fong		A6053	Female	Female Master (45+)
10km	Fungyan	馮恩	A6054	Female	Female Master (45+)
10km	MA MAN YEE		A6055	Female	Female Master (45+)
10km	Ng Wai Ying Doby		A6056	Female	Female Master (45+)
10km	Selina Cheng	鄭秀蘭	A6057	Female	Female Master (45+)
10km	Wu Shuk Han Shirley	胡淑嫻	A6058	Female	Female Master (45+)
10km	Carmen Fung	馮婉雯	A6059	Female	Female Master (45+)
10km	Leung Yuk Ha		A6060	Female	Female Master (45+)
10km	Joy Lui		A6061	Female	Female Master (45+)
10km	Chiu Mei Chu	趙美珠	A6062	Female	Female Master (45+)
10km	Chan Lai Shan Liza	陳麗珊	A6063	Female	Female Master (45+)
10km	To Mei Ho	杜美好	A6064	Female	Female Master (45+)
10km	Hung Kwai Hung	洪桂紅	A6065	Female	Female Master (45+)
10km	LAM Lai Ling		A6066	Female	Female Master (45+)
10km	Cheng ah ping	鄭亞萍	A6067	Female	Female Master (45+)
10km	Cheng Yin Ping	鄭燕萍	A6068	Female	Female Master (45+)
10km	Szeto mei no	司徒美娜	A6069	Female	Female Master (45+)
10km	Hui Yan Ting	許欣婷	A6070	Female	Female Master (45+)
10km	Sam	盧麗嬋	A6071	Female	Female Master (45+)
10km	Chen Li Ing	陳麗雲	A6072	Female	Female Master (45+)
10km	LEUNG YEE HA	梁綺霞	A6073	Female	Female Master (45+)
10km	Tang Yuk Yee Angela	鄧玉意	A6074	Female	Female Master (45+)
10km	WONG SAU FAN	王秀芬	A6075	Female	Female Master (45+)
10km	LI LING YAN	李凌艷	A6076	Female	Female Master (45+)
10km	Tsang Sau Chu	曾秀珠	A6077	Female	Female Master (45+)
5km	LEE KWOK HEI	李國熙	B1001	Male	Male Junior (12-29)
5km	Chau Tsz Hung	周子雄	B1002	Male	Male Junior (12-29)
5km	Chan Tsz Leung	陳子樑	B1003	Male	Male Junior (12-29)
5km	HO CHUN LONG	何振朗	B1004	Male	Male Junior (12-29)
5km	Li Chun Hin	李俊軒	B1005	Male	Male Junior (12-29)

5km	YIP CHUN TING MARCO	葉俊廷	B1006	Male	Male Junior (12-29)
5km	Yun Lik Hang		B1007	Male	Male Junior (12-29)
5km	Nicolas Hotton		B1008	Male	Male Junior (12-29)
5km	Chu Ho Ting		B1009	Male	Male Junior (12-29)
5km	CHAU Siu Man	鄒少文	B1010	Male	Male Junior (12-29)
5km	Wong Pak Long Roscoe	黃柏朗	B1011	Male	Male Junior (12-29)
5km	Mak Yun Leung		B1012	Male	Male Junior (12-29)
5km	Yeung Jason Chun Ho	楊雋濠	B1013	Male	Male Junior (12-29)
5km	Li Wai Yip	李偉業	B1014	Male	Male Junior (12-29)
5km	PY FU		B1015	Male	Male Junior (12-29)
5km	Wong Ka Shing	黃嘉誠	B1016	Male	Male Junior (12-29)
5km	Wan Cheuk Hei		B1017	Male	Male Junior (12-29)
5km	Lam Ho Ching Matthew	林浩程	B1018	Male	Male Junior (12-29)
5km	NG CHUNG YIN	伍頌賢	B1019	Male	Male Junior (12-29)
5km	LAW Kai Lok	羅繼樂	B1020	Male	Male Junior (12-29)
5km	AU YEUNG TSZ CHUN	歐陽梓雋	B1021	Male	Male Junior (12-29)
5km	Wong ka wai	黃家瑋	B1022	Male	Male Junior (12-29)
5km	LEUNG Alvin	梁雅賢	B1023	Male	Male Junior (12-29)
5km	WONG KA FOON	黃家寬	B2001	Female	Female Junior (12-29)
5km	SUNG Po Wai	宋寶慧	B2002	Female	Female Junior (12-29)
5km	Lui Sheung Wan	雷湘灑	B2003	Female	Female Junior (12-29)
5km	SIU CHING MAN	蕭靜雯	B2004	Female	Female Junior (12-29)
5km	Yuen Man Man	袁雯雯	B2005	Female	Female Junior (12-29)
5km	SIU WING TUNG	蕭穎彤	B2006	Female	Female Junior (12-29)
5km	Tse Ming Nga	謝明雅	B2007	Female	Female Junior (12-29)
5km	LAW YUEN MAN		B2008	Female	Female Junior (12-29)
5km	Cheung Wing Shan	張詠嫻	B2009	Female	Female Junior (12-29)
5km	Choi Wai Tung	蔡惠彤	B2010	Female	Female Junior (12-29)
5km	LAU PUI SAI ESTHER	劉珮茜	B2011	Female	Female Junior (12-29)
5km	CAI JINGWEN	蔡靖雯	B2012	Female	Female Junior (12-29)
5km	Wong Ling Yi	黃令沂	B2013	Female	Female Junior (12-29)
5km	HO CHING MAN		B2014	Female	Female Junior (12-29)
5km	Sung Ka Lai	宋嘉麗	B2015	Female	Female Junior (12-29)
5km	Yeung Yan Lam	楊昕霖	B2016	Female	Female Junior (12-29)
5km	Wong shuk fan		B2017	Female	Female Junior (12-29)
5km	Li Man Yan	李文欣	B2018	Female	Female Junior (12-29)
5km	Li Man Yiu	李文瑤	B2019	Female	Female Junior (12-29)
5km	Yu Lui Tin Yan	余呂天茵	B2020	Female	Female Junior (12-29)
5km	Chan Ping Yan	陳萍欣	B2021	Female	Female Junior (12-29)
5km	KO MAN CHEUNG JENNY	高敏璋	B2022	Female	Female Junior (12-29)
5km	Chan Ka Wai	陳嘉慧	B2023	Female	Female Junior (12-29)
5km	Yip Yuen ling	葉婉鈴	B2024	Female	Female Junior (12-29)
5km	Pang Lok Ching		B2025	Female	Female Junior (12-29)
5km	Tsoi yun yue phoebe		B2026	Female	Female Junior (12-29)
5km	Chan Tze Tung	陳芷彤	B2027	Female	Female Junior (12-29)
5km	Kelly Ng	吳家歡	B2028	Female	Female Junior (12-29)
5km	cheung tsz shuen	張紫璇	B2029	Female	Female Junior (12-29)
5km	jessicaLee		B2030	Female	Female Junior (12-29)
5km	Yeung Wai Ho Annie		B2031	Female	Female Junior (12-29)
5km	Ng Ka Wai	吳嘉慧	B2032	Female	Female Junior (12-29)
5km	lai ka lun		B2033	Female	Female Junior (12-29)
5km	WONG KA YIN		B2034	Female	Female Junior (12-29)
5km	Ip Ka Yan	葉迦妍	B2035	Female	Female Junior (12-29)

5km	Kwok Tsz Yu	郭子瑜	B2036	Female	Female Junior (12-29)
5km	Yeung kar bok		B3001	Male	Male Senior (30-44)
5km	CHAN CHUNKIT	陳俊杰	B3002	Male	Male Senior (30-44)
5km	Hung Sai Yu	洪世儒	B3003	Male	Male Senior (30-44)
5km	LI MAN HONG	李敏康	B3004	Male	Male Senior (30-44)
5km	SIN TAK MING	冼德鳴	B3005	Male	Male Senior (30-44)
5km	LAI CHIU LUN	黎昭麟	B3006	Male	Male Senior (30-44)
5km	Yau wai on	邱偉安	B3007	Male	Male Senior (30-44)
5km	Ip Lam	葉林	B3008	Male	Male Senior (30-44)
5km	NG CHI WANG	吳志宏	B3009	Male	Male Senior (30-44)
5km	tsang shu kwan	曾樹鈞	B3010	Male	Male Senior (30-44)
5km	Kenkwok		B3011	Male	Male Senior (30-44)
5km	Michael Hu		B3012	Male	Male Senior (30-44)
5km	LEE KA HEI	李家曦	B3013	Male	Male Senior (30-44)
5km	Mok Wai Chung		B3014	Male	Male Senior (30-44)
5km	KY Fung		B3015	Male	Male Senior (30-44)
5km	KM Tang		B3016	Male	Male Senior (30-44)
5km	StarryChandra		B3017	Male	Male Senior (30-44)
5km	BillChan		B3018	Male	Male Senior (30-44)
5km	CYTsang		B3019	Male	Male Senior (30-44)
5km	Willian		B3020	Male	Male Senior (30-44)
5km	Pak To LAI		B3021	Male	Male Senior (30-44)
5km	LIN PO TSUN	林柏村	B3022	Male	Male Senior (30-44)
5km	Yuen Ka Chun Billie	袁家俊	B3023	Male	Male Senior (30-44)
5km	Yuen Chun Kit		B3024	Male	Male Senior (30-44)
5km	YUEN	TSUI	B3025	Male	Male Senior (30-44)
5km	LAU KIM TUNG		B3026	Male	Male Senior (30-44)
5km	Ho Sin Ming		B4001	Female	Female Senior (30-44)
5km	chiu wai yee charlotte		B4002	Female	Female Senior (30-44)
5km	Lui Chun Fan	呂俊芬	B4003	Female	Female Senior (30-44)
5km	CHOY WAI LING	蔡惠玲	B4004	Female	Female Senior (30-44)
5km	HO KA YEE	何嘉儀	B4005	Female	Female Senior (30-44)
5km	Shek Cheuk Man		B4006	Female	Female Senior (30-44)
5km	Jane Chan		B4007	Female	Female Senior (30-44)
5km	Agnes Li		B4008	Female	Female Senior (30-44)
5km	CHENG KA WING	鄭嘉穎	B4009	Female	Female Senior (30-44)
5km	Chu Ting Ting Cherie	朱婷婷	B4010	Female	Female Senior (30-44)
5km	Cho man sze	曹文詩	B4011	Female	Female Senior (30-44)
5km	Wan Nga Yan Candy		B4012	Female	Female Senior (30-44)
5km	Chong Chak Wan		B4013	Female	Female Senior (30-44)
5km	Lo Siu Yi	盧肇誼	B4014	Female	Female Senior (30-44)
5km	HO SO HAN	何素嫻	B4015	Female	Female Senior (30-44)
5km	Frances Pui Yee Lai	黎佩怡	B4016	Female	Female Senior (30-44)
5km	LAI Hoi Ki		B4017	Female	Female Senior (30-44)
5km	Tang haixia	湯海霞	B4018	Female	Female Senior (30-44)
5km	Yiu Sze Nga	姚詩雅	B4019	Female	Female Senior (30-44)
5km	LEE ON KI	李鉸琪	B4020	Female	Female Senior (30-44)
5km	Cheng Chui Ying	鄭翠盈	B4021	Female	Female Senior (30-44)
5km	Kei Hoi Ying	紀凱滢	B4022	Female	Female Senior (30-44)
5km	Li Wing Man		B4023	Female	Female Senior (30-44)
5km	Tai Wing Han	戴穎嫻	B4024	Female	Female Senior (30-44)
5km	Lai yuk yu	賴玉如	B4025	Female	Female Senior (30-44)
5km	May Leung	梁凱薇	B4026	Female	Female Senior (30-44)

5km	HUI CHUNG YAU		B4027	Female	Female Senior (30-44)
5km	TANG WING YEE CHLOE	鄧詠儀	B4028	Female	Female Senior (30-44)
5km	Fung Tsz Yan	馮梓欣	B4029	Female	Female Senior (30-44)
5km	Joyce Cheung		B4030	Female	Female Senior (30-44)
5km	Lam Mei Yee		B4031	Female	Female Senior (30-44)
5km	Wan suet pin	溫雪翩	B4032	Female	Female Senior (30-44)
5km	LIANG Wanying	梁婉瑩	B4033	Female	Female Senior (30-44)
5km	KWAN TIN YEE	關天儀	B4034	Female	Female Senior (30-44)
5km	Wong Kwok Wai	黃國偉	B5001	Male	Male Master (45+)
5km	Leung Yiu Kuen Stephen	梁耀權	B5002	Male	Male Master (45+)
5km	Chan kin cheung	陳健祥	B5003	Male	Male Master (45+)
5km	Leung wai keung	梁偉強	B5004	Male	Male Master (45+)
5km	NG CHI MING	吳志明	B5005	Male	Male Master (45+)
5km	LAI KOON SHING Marco		B5006	Male	Male Master (45+)
5km	NG KWOK WING	吳國榮	B5007	Male	Male Master (45+)
5km	WU KUANG YANG	吳光揚	B5008	Male	Male Master (45+)
5km	Wong yun wing	王潤榮	B5009	Male	Male Master (45+)
5km	Eric Chung	鍾立峯	B5010	Male	Male Master (45+)
5km	Ho Chi Hong	何志康	B5011	Male	Male Master (45+)
5km	Chung Man Leung	鍾文亮	B5012	Male	Male Master (45+)
5km	LEUNG Chin Yip Joseph		B5013	Male	Male Master (45+)
5km	Shum Mau Yau		B5014	Male	Male Master (45+)
5km	Ngai Mau Sum		B5015	Male	Male Master (45+)
5km	Lo Yun Fu Allan		B5016	Male	Male Master (45+)
5km	So Kwok Leung	蘇國樑	B5017	Male	Male Master (45+)
5km	Raymond		B5018	Male	Male Master (45+)
5km	MC HUI		B5019	Male	Male Master (45+)
5km	TANG YIU TONG	鄧耀堂	B5020	Male	Male Master (45+)
5km	yauhingkee	游慶基	B5021	Male	Male Master (45+)
5km	Chan Yiu Ming	陳耀明	B5022	Male	Male Master (45+)
5km	Wong Wai Leung	黃偉良	B5023	Male	Male Master (45+)
5km	Lo		B5024	Male	Male Master (45+)
5km	Law Wai Kit Irving	羅偉傑	B5025	Male	Male Master (45+)
5km	LAI WAI SING	黎偉盛	B5026	Male	Male Master (45+)
5km	Lee Wai Kwan		B5027	Male	Male Master (45+)
5km	Simon LEUNG	梁志華	B5028	Male	Male Master (45+)
5km	Yee Ng		B6001	Female	Female Master (45+)
5km	Chan Wan Fong	陳運芳	B6002	Female	Female Master (45+)
5km	Chan Sui Wah	陳瑞華	B6003	Female	Female Master (45+)
5km	Woo Hong Yee	胡康儀	B6004	Female	Female Master (45+)
5km	Fok Ching Han	霍靜嫻	B6005	Female	Female Master (45+)
5km	Cheung Lai Chun	張麗珍	B6006	Female	Female Master (45+)
5km	Leung yin ping	梁燕平	B6007	Female	Female Master (45+)
5km	Poon chi may	潘志美	B6008	Female	Female Master (45+)
5km	CHU PUI WAH EVA	朱佩華	B6009	Female	Female Master (45+)
5km	Fung Mei Shan Patty	馮美珊	B6010	Female	Female Master (45+)
5km	Wong Kit Shun	黃潔純	B6011	Female	Female Master (45+)
5km	YICK HING CHUI	徐益卿	B6012	Female	Female Master (45+)
5km	SHUK WAN CHOW	周淑雲	B6013	Female	Female Master (45+)
5km	Leung Siu Chun	梁少珍	B6014	Female	Female Master (45+)
5km	YL CHU		B6015	Female	Female Master (45+)
5km	CHAN SO PING	陳素冰	B6016	Female	Female Master (45+)
5km	Chan So Mi	陳素媚	B6017	Female	Female Master (45+)

5km	Che Bik Shan	池碧珊	B6018	Female	Female Master (45+)
5km	Lee Yuk Ling Grace	李玉玲	B6019	Female	Female Master (45+)
5km	CHENG OI MING		B6020	Female	Female Master (45+)
5km	LOW SHUK LING ARETHER	羅淑玲	B6021	Female	Female Master (45+)
5km	LO SHUK HAR	羅淑霞	B6022	Female	Female Master (45+)
5km	Aini Tan		B6023	Female	Female Master (45+)
5km	Ng Wai Chu Betty	伍惠珠	B6024	Female	Female Master (45+)
5km	Lee Ching		B6025	Female	Female Master (45+)
5km	Fung Shun Chun		B6026	Female	Female Master (45+)
5km	Choy Lai Sheung	蔡麗嫦	B6027	Female	Female Master (45+)
5km	Candy	Candyor	B6028	Female	Female Master (45+)
5km	Athena CHUI	崔嘉惠	B6029	Female	Female Master (45+)